

Citizenship Award: Resources

Eco-Warrior:

<http://www.cyh.com/HealthTopics/HealthTopicDetailsKids.aspx?p=335&np=288&id=2651>

<https://wehavekids.com/parenting/26-ways-your-kids-can-help-protect-the-environment>

<https://www.ukschooltrips.co.uk/resources/327-10-top-tips-for-children-to-help-save-our-environment>

<https://www.deepjunglehome.in/50-fun-ways-children-can-help-with-environment-conservation/>

Wider Community: Volunteering ideas:

<https://www.prospects.ac.uk/jobs-and-work-experience/job-sectors/charity-and-voluntary-work/10-opportunities-to-volunteer-with-children>

<https://www.bbc.co.uk/programmes/articles/4bnPmz1QX6ZmQfg3hmq2vrv/volunteering-with-children>

<https://lauragraceweldon.com/2013/06/27/40-ways-kids-can-volunteer-toddler-to-teen/>

<https://www.signupgenius.com/nonprofit/kid-friendly-volunteering.cfm>

<https://www.prospects.ac.uk/jobs-and-work-experience/job-sectors/charity-and-voluntary-work/10-opportunities-to-volunteer-with-children>

30 ways to make a Difference

1. Volunteer at a food bank (for example, unpacking or sorting)
2. Adopt a nursing home resident "grandparent" and visit regularly
3. Bake and deliver biscuits to the neighbours, police station, or fire station
4. Drop off presents during toy sale
5. Donate things to a local charity shop
6. Take a walk around a park or neighbourhood and pick up rubbish
7. Bring flowers to your teacher
8. Donate new pajamas for foster children
9. Make cards and drawings for nursing homes
10. Organise a lemonade stand for charity
11. Bake biscuits and sell for charity
12. Organize a clothing or book sale or fundraiser
13. Draw positive messages on the pavement using chalk
14. Read stories to the dogs in a local animal shelter
15. Make blankets for refugees
16. Volunteer at a community garden
17. Donate old stuffed animals and blankets to a dog rescue centre
18. Donate food to the food collection trolleys in the supermarket
19. Make a get-well card for someone
20. Make thank-you cards for soldiers, firemen, policemen, nurses, or postmen
21. Bring reusable bags every time you go shopping
22. Collect toiletries for a local homeless shelter
23. Donate socks, gloves, or hats to homeless people
24. Organise a tree planting event
25. Adopt a family (share a meal) for Bonfire Night or another holiday
26. Buy extra school supplies for a teacher
27. Write a kind note for someone's packed lunch
28. Adopt an animal online
29. Leave kindness stones at the park
30. Talk to someone new at school

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10 WAYS TO PROTECT OUR PLANET

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1. Buy fewer things
2. Reuse before recycling
3. Use reusable bags when shopping
4. Save water
5. Walk, cycle, or take public transport
6. Eat organic when possible
7. Line dry your clothes
8. Use less heating and air conditioning
9. Use glass instead of plastic
10. Encourage others to do the same



YOU CAN MAKE A DIFFERENCE!