

To contact any member of staff, please email <u>office@shirleyschools.co.uk</u> marked for the attention of the member of staff and your email will be forwarded.

Dear Parents and Carers,

Please find attached to the school website the following letters;

Year 5 Parents Guide for Google Classroom while isolating

COVID SYMPTOM REMINDER

If you have symptoms of COVID please can you do a PCR test not a lateral flow test

ROAD DISRUPTION

Balfour Beatty have contacted the school to say on 23rd and 24th November they will be doing work on the junction of Bellemoor Rd / St James Rd and Bellemoor Rd / Wilton Rd between the hours of 9.30-3.30.

Open Days at Shirley Junior School

Unfortunately we are unable to offer any 'Open Day' visits to current pupils and parents of Shirley Infant School due to Covid restrictions.

The school website has a virtual tour that you are welcome to watch.

Dates for your Diary

November

Monday 8th Year 6 Lush Visit - in school

Monday 8th Virtual Christmas Marketplace opens
Wednesday 10th Year 5 Lemmings Swimming Lessons

Wednesday 10th Year 3 Walk the walls

Friday 12th Remembrance Day - Service of reflection on the playground

Wednesday 17th Year 5 Lemmings Swimming Lessons

Friday 19th PTA Disco

Wednesday 24th Year 5 Swimming Lessons

Friday 26th Flu Immunisation Year 3, 4, 5 & 6

Friday 26th PTA Cake Sale

<u>December</u>

Wednesday 1st Year 5 Lemmings Swimming Lessons

Thursday 2nd Family Photo Session

Friday 3rd PTA Wreath making night

Friday 3rd PTA Crazy hair day

Wednesday 8th Year 5 Lemming Swimming Lessons
Friday 10th Christmas Dinner and Jumper Day

Saturday 11th PTA Breakfast with Santa

Wednesday 15th Year 5 Lemming Swimming Lessons

Friday 17th Last day of Autumn 2—School closes at 3.20pm for Christmas Break

<u>January</u>

Tuesday 4th School re-opens at 8.45am



We are very pleased to say we are a collection point for Mission Christmas this year.

We will be taking donations from Monday 15th November if you would like to donate.

There will be a box located in a school office

FLU IMMUNISATION

We have Flu Immunisations booked for Friday 26th November. There will no longer be form to complete manually, there is a new E-Consent Form.

As soon as we received the link we will forward this to you by email for you to access the E-Consent portal.

If you have any problems completing the form on line, then please come and see one of us in the office.

POPPY APPEAL

From Monday 8th November we will have poppies for sale in the office Please remember only 2 people in the office at one time



If you feel your family would benefit from support of the Early Help Team, please contact: Karen Allen Family Support Worker Mob: 07548994565 (Mon, Tues, Wed Term Time Only) Or Email: Karen.allen@shirleyschools.co.uk

Southampton Early Help Hub

What is Early Help?

Sometimes families benefit from having a professional network of support around them to help with things like their family's health, getting into work and improving school at-

tendance. The support we offer through our Early Help Hub is based on what each family needs and it's totally voluntary so it only takes place if the family agree to it.

The team work with the whole family, helping to identify the areas of support needed and pulling a plan together.

The team contains multi-agency, skilled workers from many different services and backgrounds including:

- Social Workers
- Health Visitors
- School Nurses
- Education Welfare Officers

The support offered by our Early Help Hub includes the successful Families Matter programme, which is Southampton's response to the Government's Troubled Families agenda.

Find out about the Families Matter programme.:

https://www.southampton.gov.uk/health-social-care/children/child-social-care/families-matter/



Families Matter: Information for families

What is Families Matter?

Families Matter is an early help and prevention programme that helps families identify the problems they are facing and provides a support worker to help to overcome them. The aim is to improve life in the long term for your family as a whole.

What's in it for my family?

- · A dedicated worker who will listen, understand and support your family
- · Help to focus on issues that are important to you
- Extra practical help to stop problems getting worse
- Help to access additional services if needed
- Guidance and support to make long term positive change

What can Families Matter help with?

- To work with Families Matter, your family will generally meet four of the following criteria: Antisocial behaviour & crime: A family member involved with antisocial behaviour or crime within the last year
- Benefits: Adult(s) receiving out of work benefits.
- Child in need of help: Children require some help or support.
- Domestic abuse: Domestic violence and abuse are present at home.
- Education: Children do not attend school regularly or have been excluded.
- Finances and debt: Money and debt are causing problems.
- Good health: Lack of good physical and mental health cause problems for family life. (This can include substance misuse).

What if I don't want to work with Families Matter?

Working with Families Matter is entirely voluntary. The programme is here to help your family and if you choose to take up this offer we will need your consent to do so.













Poorly child? Some advice on what to do...

Your child can go to school but may need treatments as shown Can be spread to other children. Some restrictions for attending school No school. See advice below for what you should do and when your child can return

What it's called	What it's like	Going to school	More advice	
Chicken Pox	Rash begins as small, red flat spots that develop into itchy <u>fluid-</u> <u>filled blisters</u>	•	Although the usual exclusion period is 5 days, all lesions should be crusted over before children return to nursery or school.	
Common cold	Runny nose, sneezing, sore throat.	•	Ensure good hand hygiene – dispose of tissues and regularly wash hands with soap and water.** Children may be given paracetamol if fever is present (unless contraindicated and always follow product dosing instructions), plenty of fluids to drink and can be sent to school.	
Conjunctivitis	Teary, red, itchy, painful eyes.		Treatment is not usually required. Try not to touch eyes to avoid spreading.	
Flu	Fever, cough, sneezing, runny nose, headache, body aches and pain, exhaustion, sore throat.	•	Ensure good hand hygiene** Children should go back to school when recovered - this is usually about five days.	
Glandular Fever	High temperature, sore throat (usually more painful than any before) and swollen glands.		Child needs to be well enough to concentrate at school.	
Hand, Foot and Mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth and on tongue and gums (may also appear on hands and feet)	•	Children can go to school with hand, foot and mouth disease.	
Head Lice	Itchy scalp (may be worse at night).		Treat child and all other family members by wet combing with a nit comb and conditioner.	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness		See GP. Back to school when the lesions crust over or 48 hours after the start of antibiotics.	
*Measles	Fever, cough, runny nose, and watery inflamed eyes. Small red spots with white or bluish white centres in the mouth, red blotchy rash	•	Contact your GP (by phone initially) if you think that your child might have measles. Back to school 4 days from the onset of rash.	

What it's called	What it's like	Going to school	More advice
*Mumps	Swollen glands, headaches, joint pain, high temperature	•	Contact your GP (by phone initially) if you think that your child might have mumps. Back to school 5 days from the onset of swollen glands.
*Meningitis	Symptoms of meningitis can develop very quickly and include high temperature, vomiting, headache, rash (that does not fade when a glass is rolled over it) stiff neck, dislike of bright lights, drowsiness, seizures.	•	Seek medical advice as soon as possible if you think your child may have meningitis. Call 999 for an ambulance or go to your nearest A&E/Emergency Department immediately if you think your child might be seriously ill. Call NHS 111 or GP surgery for advice if you are not sure. Remain off school until recovered.
Ringworm	Red ring shaped rash, may be itchy rash, may be dry and scaly or wet and crusty.		See pharmacist for advice about treatment.
Scables	Intense itching, pimple-like rash. Itching and rash may be all over the body but is commonly between the fingers, wrists, elbows and arms.		See pharmacist for advice about treatment. Back to school after first treatment.
Scarlet fever / strep throat	Severe sore throat and painful glands in neck. No runny nose or cough. Associated with sandpaper-like pink/red rash in scarlet fever.	•	See GP. Return to school 24 hours after starting antibiotics.
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister type rash.	•	Only stay off school if rash is weeping and not covered.
Sickness bug/diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea.	•	Ensure good hand hygiene.** Return to school 48 hours after the last episode of diarrhoea or vomiting. See GP if child appears to be getting dehydrated (passing little urine or becoming lethargic).
Threadworms	Intense itchiness around the anus.		See pharmacist or GP for advice and treatment. Everyone at home should be treated.
Mild tonsillitis	Sore throat associated with runny nose or cough.		See GP if they are getting dehydrated or fever persists for more than 5 days.

Always consider COVID-19 alongside the other infections above given the overlapping nature of symptoms. If your child has one or more of the following common coronavirus symptoms: high temperature, new continuous cough or loss of taste/smell, arrange a PCR test at Get tested for coronavirus (COVID-19) - NHS (www.nhs.uk) or call 119 and self- isolate child at home until test result received.

Further Information: visit the following websites for more information

http://www.what0-18.nhs.uk/parents-and-carers/worried-your-child-unwell/

http://www.what0-18.nhs.uk/parents-and-carers/should-your-child-go-school-today/

Stay at home: guidance for households with possible or confirmed coronavirus (Covid-19) infection

October 2021: This information is a guide and has been checked by health professionals, however if you are unsure about your child's wellbeing we recommend checking with your pharmacy or GP.

If you need this information in another format, such as large print or an alternative language please look on the <u>Healthier Together website</u>

^{*}Vaccinations are the most effective way to prevent infectious diseases. It is important that vaccines are given on time for the best protection. For more information on the NHS vaccination schedule for children please visit NHS vaccinations and when to have them - NHS (www.nhs.uk)

^{**} For additional information on Infection Prevention and Control measures in school and child care facilities please visit

Health protection in schools and other childcare facilities - GOV.UK (www.gov.uk)

PTFA

UPCOMING EVENTS!

FIREWORKS TONIGHT - SOLD OUT EVENT

We are so looking forward to our firework spectacular. A big thank you to our sponsor **Morgan Sindall**, and **Make it Magic** for the planning and supplying the fireworks.



A few things to remember:

Bring proof of ticket – you won't get in without one Walk to school if you can and park considerately if you need to drive

No alcohol, smoking or vaping on school premises

No sparklers or additional fireworks to be brought

You are responsible for you own children at all times

In the event of an emergency follow the marshals' instructions

(they'll be in hi-vis vests)

See you there for crafts, neon face-painting and loads of glow stuff!

Food available - burgers, hot dogs, doughnuts, cakes and the usual hot and cold drinks (please bring a travel mug if you can to help us be more eco-friendly).



JUNIOR DISCO FRIDAY 19TH NOVEMBER

Dress to impress, treat yourself to something from the tuck shop and show off your moves on the dance floor!

There will be a tuck shop selling hotdogs (meat and veggie) at 50p each plus various sweets, crisps and glow sticks from 20p.

We will need some parent volunteers on the night so if you are able to help then please email pta@shirleyschools.co.uk or message Nicola Howarth or Jen Bleeck through facebook.

Year 3 &4 disco – 4.45pm until 6pm Year 5 & 6 discos – 6.30pm until 7.45pm Tickets are £2.50 per child, payable in advance or on the door.

> Use this link for tickets (released on 6th Nov 9 am): https://www.pta-events.co.uk/sjs-ptfa/index.cfm#.YYKUjprP2Uk

VIRTUAL CHRISTMAS MARKET COMING SOON

Our popular online Christmas market will return again this year, so keep an eye out for more details and get Christmas all wrapped up before December!



THANK YOUS

COLOUR RUN FUN!

Thank you so much for coming to the colour run, having a great time and supporting our first event in 18 months.

We are proud and pleased to report that we have made around £3300 between the schools!





Thank you to everyone who took part in the **Halloween Trail.** You've all helped raise over **£650** to be split across both schools

Huge congratulations to **Olivia Osbourn Jenkins** (year 5) whose name was pulled in the draw, winning a **Wonderlicious** treat box - enjoy!

Amazing efforts from everyone that entered the house decorating competition, our overall winner was **5 Wilton Crescent (Eileen Foley)**, who will be able to enjoy a meal for two at Santo Lounge and a bottle of fizz on us!

Our other winners were:

- Spookiest Tracey Sheen @ 117 Wilton Road. Tracey received some fizz and sweets, the perfect combination.
- Most creative was a tie between Cath Dixon @ 88 St James Road and Sian Rumble @ 14 Bellemoor Road, they both received some yummy biscuits.

DON'T FORGET



Our school lottery raises money directly for the school. Every week there is a guaranteed cash prize for someone from the school.

This prize money goes up the more tickets we sell.

You are also automatically entered into the national draw where you could win £25000! The tickets cost just £1 each week.

Sign up here: https://www.yourschoollottery.co.uk/lottery/school/shirley-junior-school



If you are **shopping online**, please click on these links first. They then donate to the school at **NO EXTRA COST TO YOU.** Amazon = https://smile.amazon.co.uk/ (choose Shirley Junior School PTA to support).



Online shopping from bread to bathrooms, use Easyfundrasing sign up here:

Community News

Sent on behalf of Gail Thomas, Quality Improvement Lead – Children and Young People's Mental Health

Please find below links to some really useful parent/carer videos for families/carers who are supporting CYP with ADHD and Autism.

Animations that have been made by a parent/carer charity in West Sussex in association
with a small film company. Thanks to funding from West Sussex County Council, Reaching
Families have designed a number of animations on various issues related to children with
SEND. Views of their animations have been significantly greater than views of their factsheets and CYP/carer feedback is that they were much preferred.

Reaching Families Animations - https://www.reachingfamilies.org.uk/animations.html

2. New animation series on YouTube from Oxfordshire Health Foundation Trust (second link is the series via YouTube)

How do I help? Animation series launched for parents and families of neurodiverse children and young people - Oxford Health NHS Foundation Trust

https://www.oxfordhealth.nhs.uk/news/how-do-i-help-animation-series-launched-for-parents-and-families-of-neurodiverse-children-and-young-people/

A parents' guide to supporting children and young people: ADHD and autism - YouTube

https://www.youtube.com/playlist?list=PLKw7kjGJdcXCiene7r3m8qYSN2T8Vxb1K

Quilt of Hope - Taster

Come along to this fun and friendly introduction to handcrafting with textiles. You will have a chance to be creative, begin connecting with different people in the community and find out more about the Quilt of Hope project.

Quilt of Hope is suitable for anyone from any background, culture and language, and welcomes complete beginners as well as those who bring a skill or enthusiasm for sewing, stitching, painting, drawing, knitting and crochet. When: Friday 12th November 2021

Where: Parklife Community Café,

St James Park, Southampton, SO15 5SD

How long: 1 session, 2.5 hours

Time: 12.30pm 3.00pm

Cost: FREE

Reference: C3747531

Book today:

enrolonline.wea.org.uk 0300 303 3464

For further information or help with booking call: 02380 630483









The WEA is a chartly registered in Singland and W. Ino. 17127791 and in Scotland Inc. SCOTHERN.



Wellbein

