



Shirley Schools



Weekly Communication

To contact any member of staff, please email
office@shirleyschools.co.uk
marked for the attention of the member of staff and your email will be
forwarded.

Friday 17th March 2023

Dear Parents and Carers,

Please find attached to the school website the following letters;

- Year 3 Walk like an Egyptian Letter
- Year 5 River Hamble Study Letter

Please find the links to the letter pages on our websites:

[Infant School Letters Link](#)

[Junior School Letters Link](#)

Dates for your Diary

Shirley Infant School

MARCH

Thursday 23rd Year 1 Victorian Day-on site, Dress up
****note change of day****
 Thursday 23rd Year R Celebration Event 2.45pm in
 Class
 Friday 24th Year 1 Home Learning due in
 Saturday 25th FOSIS Colour Run
 Monday 27th Year 2 Woodpecker Class Celebration
 Event 2.45pm - Hall
 Tuesday 28th Class Photos
 Wednesday 29th Year 2 Fox Class Celebration Event
 2.45pm - Hall
 Thursday 30th Year 2 Badger Class Celebration Event
 2.45pm - Hall
 Friday 31st FOSIS Non Uniform Day
 Friday 31st School Choir Y1&2 Performing school
 playground at 2.45pm
 Friday 31st FOSIS Cake Sale Year 1
 Friday 31st **School closes for Easter Holidays**

APRIL

3rd—14th
Monday 17th
 Monday 17th
 Saturday 22nd

EASTER HOLIDAYS

School re-opens for SUMMER 1
 Parent Drop in with Karen Allen our
 Family Support Worker 2.30 - 3.30pm
 FOSIS School tidy up day

MAY

Monday 1st
 Monday 8th

BANK HOLIDAY—School closed
 BANK HOLIDAY—School closed for His
 Majesty's coronation

Shirley Junior School

MARCH

Tuesday 21st Share my learning 8.45am & 3.20pm
****note change of day****
 Thursday 23rd Year 5 Siberian Husky Swimming - off site
 Friday 24th Careers Fair 1pm – 3pm
 Saturday 25th PTA Colour Run
 Thursday 30th Class photos
 Thursday 30th Year 5 Siberian Husky Swimming - off site
 Thursday 30th Year 4 Project Outcome, Rags to Riches -
 off site
 Friday 31st PTA Non Uniform Day
 Friday 31st **School closes for Easter Holidays**

APRIL

3rd—14th
Monday 17th
 Monday 17th

Wednesday 19th
 Thursday 20th
 Saturday 22nd

EASTER HOLIDAYS

School re-opens for SUMMER 1
 Parent Drop in with Karen Allen our
 Family Support Worker 2.30 - 3.30pm
 Year 5 River Hamble Trip off site
 Year 5 Siberian Husky Swimming—off site
 PTFA School tidy up day

MAY

Monday 1st
 Monday 8th

BANK HOLIDAY—School closed
 BANK HOLIDAY—School closed for his
 Majesty's coronation

Share my learning—Juniors

We will be changing days from Spring 2 as follows:

Tuesday 21st March

Thursday 18th May

Tuesday 11th July

Coming soon

Infants Sports Day - 25th May Morning only - Further information of organisation to follow

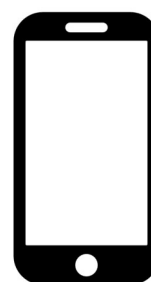
Junior Sports Day - 13th July - Further information to follow

Recording and slides from Junior 'Zones of Regulation' information session

Mobile phones

Please can we kindly remind you for safeguarding reasons, mobile phones are not to be used whilst on the school site.

This also includes when collecting from After School Clubs.



School Uniform reminder

Shirley Infants

White polo shirt, grey shorts or trousers or grey skirt, dress or skirt and a school sweatshirts or cardigans with the school logo.

Shirley Juniors

House T-shirt/white polo/PE shirt, green sports hoodie/school jumper, black joggers/shorts, skirts /PE skirt (no logos/patterns) and trainers.



The Mental Health in Schools Team is looking to support schools to set up a peer mentoring programme. Below is a link to a short (anonymous) questionnaire to help guide our process, sharing views and concerns.



MS Forms Link: <https://forms.office.com/e/n18w3T9iFK>

Supporting children's emotional wellbeing: does your child experience meltdowns after school?



'After School Restraint Collapse' is the psychological term that describes the state some children can experience when, coming out of school, they suddenly seem to feel intense emotions out of nowhere.

We hope that using Zones of Regulation and allowing children to be aware of their emotional state during the day, as well as teaching them strategies to help them regulate, means that children are able to experience their emotions so that they do not end up bottling so much up. Even with this approach though, there are definitely some children with more intense feelings who are going to show you these feelings as soon as they see you, because you are their safe person.

Here are some links to websites that explain this more, and suggest some strategies:

<https://www.bbc.co.uk/bitesize/articles/z863cxs#:~:text=This%20type%20of%20behaviour%20is,to%20let%20it%20all%20out!>

<https://calmfamily.org/survive-after-school-restraint-collapse/>

<https://www.todaysparent.com/kids/school-age/after-school-restraint-collapse-is-a-real-thing-heres-how-to-deal-with-it/>

Shirley Infants Sustrans Big Walk & Wheel Event

We are very excited to announce that Shirley Infant School will be participating in the Sustrans Big Walk and Wheel event, from Monday 20th March - Friday 31st March 2023. This initiative is similar to Walk to school week, except it is inclusive of those who travel by bike, scooter, or wheelchair for more than ten minutes each way.

The teachers will be recording each child's journey in the mornings of those two weeks and we will be competing against other schools locally and nationally. There are lots of wonderful prizes up for grabs, including Two Woom 5-hybrid bicycles, EarthSense air quality monitors and £600 worth of bikes to create a bike library for student use. Where possible, please use alternative modes of transport for those two weeks to aid the school in getting some amazing prizes and rewards.



Shirley Infants Year 1 Victorian Day

Please note Victorian Dress up day has now changed to Thursday 23rd March

Children can take part in some extended role-play and have an opportunity to further their understanding. The Year 1 Team would be grateful if the children could come to school on this day wearing **some part** of a Victorian costume.

Suggestions are:

Girls: Dark plain dress, white apron or mop cap

Boys: Knee length trousers, waistcoat, neckerchief or flat cap



We will be sharing a video with you on google classroom to share their experiences of the day.

Year 4 Rags to Riches Outcome Event

The year 4 children would like to invite their parents along to Tauntons College on 30th March at 1.30pm to watch their 'Rags to Riches' Catwalk event.

Please join us in the Main Hall at Taunton's College on this day to watch us strut our stuff!



Juniors - no smart watches please





Due to a few distractions caused by Smart Watches, we are asking that these **not** be worn by children in school - they can potentially disrupt teaching and learning and are also a safeguarding concern. If your child is 10 or older and you need them to wear a smart watch for walking to and from school, we ask that the smart watch be put in their bookbag while at school. Children will be asked to remove smart watches if seen wearing them. Thank you for your cooperation.



Juniors - new Values Certificates in Summer Term

After Easter, we are really excited to share with children our new Values Certificates, which will be awarded during Friday Celebration Assemblies. During the week, all staff can nominate children who have gone above and beyond in demonstrating one of these values, and all children nominated will receive their certificate in front of the whole school at the end of the week.


Look out for these appearing in book bags soon!

KINDNESS

We think about others when we act and go out of our way to help

This certificate is awarded to _____ in _____ class, for going above and beyond this week in demonstrating **kindness**. Thank you for being such a positive role model in our school through your values.

Signed: _____ (headteacher) Date: _____ 





   

RESPECT

We accept others for who they are including when they are different from us

This certificate is awarded to _____ in _____ class, for going above and beyond this week in demonstrating **respect**. Thank you for being such a positive role model in our school through your values.


Signed: _____ (headteacher) Date: _____ 

INTEGRITY

We have the courage to do the right thing even when it feels difficult

This certificate is awarded to _____ in _____ class, for going above and beyond this week in demonstrating **integrity**. Thank you for being such a positive role model in our school through your values.

Signed: _____ (headteacher) Date: _____ 

Safeguarding

Snapchat

We have been informed today that some children within the year 6 group have been contacted on Snapchat by someone pretending to be a child in year 6.



The children involved reported the incident to both their adults at home and at adults in school and have been advised to block this person. We will be having an assembly with all the children today to discuss what to do in this situation and ask that you reinforce this message at home.

For your information, the age-rating for SnapChat is 13+.

FOSIS/PTFA

UPCOMING EVENTS...

COLOUR RUN SAT 25 MARCH – TICKETS ON SALE NOW!



With just over a week until the colour run there's still lots of tickets left to join in the fun! BBQ, facepaints and more!

Date: Saturday 25 March 2023

Time: 11am – 2pm (no time slots – just turn up and run!)

Price: £5 per person and includes an exclusive medal.

Tickets: available here: [Shirley Infants School \(pta-events.co.uk\)](https://www.pta-events.co.uk)

💜💙💚 Keep an eye out for sponsorship forms in book bags, a chance to raise even more pennies for the schools - completely optional! 💜💙💚

We still need lots of volunteers to help run this event so please contact fosis@shirleyschools.co.uk if you can help at all, even if for an hour, every little helps. All are welcome so why not rope in a grandparent too!

INFANT CAKE SALE – FRIDAY 31 MARCH



Cake cakes and more cakes! Bring your pennies to buy lots of fabulous cakes and raise money for our infant school – 50p a cake. We'll be selling in the Infant playground after school on Friday 31st March.

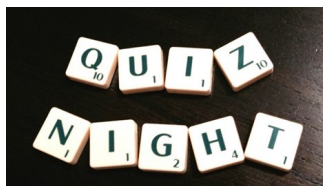
Year 1 will be organising this one - cake donations (bought or baked, no nuts please) very gratefully received and can be brought to the office on the morning of the sale or straight to the stall after school. Please bring your own containers to take cakes home. Thank you!

NON-UNIFORM DAY – FRIDAY 31 MARCH



Non-uniform day on Friday 31st March. Suggested/optional donation £1 to go to FOSIS and PTFA fundraising.

SAVE THE DATE – INFANTS ADULT QUIZ NIGHT – FRIDAY 21 APRIL



After the success of our Junior School Quiz night at Atherley Bowling Club, we've booked it again for our annual Infant Quiz, so get your teams ready!

Teams can be a maximum of 8 people with no minimum (over 18s only). More details coming soon!

THANK YOU!



Thank you to everyone who organised, helped, supported and danced the evening away at our family disco; and a big thanks to DJ Tash!

We raised over **£1000** for our schools!

DON'T FORGET ...



Our school lottery raises money directly for the **Junior School**. Every week there is a guaranteed cash prize for someone from the school.

This prize money goes up the more tickets we sell.

You are also automatically entered into the national draw where you could win £25,000! The tickets cost just £1 each week.

Sign up here: <https://www.yourschoollottery.co.uk/lottery/school/shirley-junior-school>



Online shopping from bread to bathrooms, use Easyfundraising, sign up here:

[Infants – Friends of Shirley Infants – Southampton](#)

[Juniors – Shirley Junior School PTFA – Southampton](#)

STAY CONNECTED AND GET INVOLVED...

Our website pages:

FOSIS – [Friends of Shirley Infant School - Shirley Infant School](#)

PTFA – [PTFA - Shirley Junior School](#)

On Facebook through the private year groups – please remember that these groups are managed by parents and not run by the school:

Infants

Year 2 Face book group - <https://www.facebook.com/groups/849370902208557>

Year 1 Facebook group - <https://www.facebook.com/groups/774368666506974>

Year R Facebook group - <https://www.facebook.com/groups/1150736922357432>

Juniors

Parents of Year 6 Face book group - <https://www.facebook.com/groups/1716707195249069>

Parents of Year 5 Face book group - <https://www.facebook.com/groups/649407131910961>

Parents of Year 4 Face book group - <https://www.facebook.com/groups/137311320449399>

Parents of Year 3 Face book group - <https://www.facebook.com/groups/172919936937823>

Community Information


Are you looking for Easy to Make, affordable, Healthy Recipes to make with your children?

Take a look at City Catering Website link below, where you will find lots of easy to make recipes and You Tube videos

<https://www.citycateringsouthampton.co.uk/cooking-at-home-with-city-catering>

Here are some sample recipes:

EASY FLAT BREADS



Flat Bread Inspiration:

A great recipe to do with children if they don't mind getting sticky fingers!! Simple and easy to follow. You can make it your own by adding a few extra ingredients, see on the right for ideas. Perfect to be used instead of (or as an addition to) rice in dishes like curries & chilies.

- 200g self-raising flour
- 200g Greek yoghurt
- Pinch of salt

Garlic bread: add garlic cloves (peeled & crushed) & Italian herbs (fresh or dried) to the flour & mix well before adding the yoghurt.

Moroccan style bread: add 1 tsp of fennel/caraway seeds to the flour and mix well before adding the yoghurt & 1 tsp honey

Warm served with herb butter: warm up some butter, add chopped garlic & fresh herbs, let it sit for a couple of minutes. Brush the top of the flatbread with it.

PREP: 15 min **TOTAL:** 10-15 min
SERVES: 4

TIPS:

- ✓ Ideal for parties or snacks, cut them into wedges and serve them with dips like hummus or salsa.
- ✓ Best eaten straight away but if you have any left over you can give them a quick fresh in the microwave if needed (10 to 15 seconds per bread will do the trick).
- ✓ They can be used as base for pizzas, just remember to roll them thin and bake them in a very hot oven.

- Put flour, yoghurt and a pinch of salt in a bowl. Mix together with a fork until it comes together.
- Then sprinkle some flour on your work surface and pat the dough on it. Start kneading the dough, adding flour as needed to prevent dough from being too sticky. Knead for 10 minutes.
- Divide the dough into 4 or 6 pieces (depending on the size you want the flatbreads to be). Roll those pieces into balls.
- Using a rolling pin or something similar to roll those balls out until thin. You will need to add extra flour while rolling them out.
- Heat up a large frying pan on medium to high heat. When the pan is hot add a flat bread (or two) if the pan is large enough & leave them to cook until bubbles start forming on the top (1-2 mins), then turn them around & cook them for a further minute or so, you will see they start to go golden brown.
- Repeat until they are all cooked, best served warm.

SUBSCRIBE


All our recipes are available on YouTube
Find us on YouTube & explore our Cook-along videos!

To explore more recipes, ideas and much more, join our 'Cooking at Home with City Catering' Facebook group: [Facebook.com/groups/CookingAtHomeWithCityCatering](https://www.facebook.com/groups/CookingAtHomeWithCityCatering)

City Catering Southampton - your local school meals charity
citycateringsouthampton.co.uk

CITY CATERING
Food for good

SIMPLE HOMEMADE PIZZA



TIPS:

- ✓ The basic tomato sauce in this recipe is very versatile, double or triple the amount when you make it. It freezes very well and defrosts quickly. It is a lovely sauce to make a quick pasta dish or you can add some chunks of cooked sausages and will be lovely on top of a jacket potato. Roast some veg, mix them with the tomato sauce and serve them with some rice, yummy too!
- ✓ If your family likes different toppings, divide the dough in 3-4 and make smaller pizzas to suit everyone's tastes. Just remember that smaller pizzas will cook quicker.
- ✓ You can add any toppings you like, different veg, pineapple, olives, bits of bacon, ham, sliced sausages... have fun with it!
- ✓ You can add any toppings you like, different veg, pineapple, olives, bits of bacon, ham, sliced sausages... have fun with it!

- Start by making the tomato sauce for the base: add oil to frying pan, add onion & cook on low heat until soft, add the garlic & cook for a couple of minutes. Add chopped tomatoes, herbs & seasoning & cook on low heat for 12-15 mins. Taste if it is too sharp add a pinch of sugar.
- For the dough: Put flour, yoghurt and a pinch of salt in a bowl and mix together with a fork.
- When the dough comes together, sprinkle some flour on your work surface and pat the dough on it. Start kneading the dough, adding flour as needed to prevent dough from being too sticky. Knead for 10 minutes.
- Grease a round 30 cm tin and spread the dough to the edges. If you do not have a round tin use whatever oven tray you have available as long as it is big enough to spread the dough.
- Build your pizza: spread tomato sauce on the base, sprinkle the cheese and add the toppings.
- Cook at 220-240°C for 18-22 min. You need to make sure you cook it in a very hot oven, otherwise the bottom of the base will not cook enough & you will end up with a soft pizza. Once cooked, cut into slices & serve. A slice would go lovely with it.

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City Catering Southampton - your local school meals charity
citycateringsouthampton.co.uk

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ROASTED VEGETABLE & CHEESE FRITTATA



TIPS:

- ✓ Lovely dish served with a side salad and some crusty bread.
- ✓ Add some fresh or dried herbs to the egg mixture for extra flavour.
- ✓ Swap the vegetables to any other ones your family likes best.
- ✓ Great recipe to use any leftover vegetables you have in the fridge if they are raw just follow the recipe. If they are cooked, instead of roasting them I would heat them up in a frying pan with some oil and garlic to give them a bit of extra flavour, before adding them to the egg mixture.
- ✓ If you don't have mascarpone, add a dollop of cream to the egg mixture instead.
- ✓ Use any hard cheese you have in the fridge instead of the cheddar.
- ✓ The frittata can be eaten cold and would make a nice addition to a packed lunch.
- ✓ If you don't have an oven or are trying to be energy conscious, instead of roasting the vegetables in the oven, fry them in a pan with some garlic and seasoning. Alternatively, you can also cook the frittata on the stove top in a frying pan, to speed up the process cover the frying pan with a lid.

- Peel & chop the red onions into large chunks. Deseed the pepper and cut into large chunks. Wash the mushrooms to remove any bits of dirt and then cut them in to quarters. Remove any stems from the cherry tomatoes. Peel & finely chop the garlic cloves.
- Place the vegetables (red onions, pepper, mushrooms & cherry tomatoes) in a roasting tin. Sprinkle the chopped garlic & drizzle some oil on top, season with salt & pepper. Roast at 180°C for 20-25 mins. Set aside.
- Make the egg mixture: beat together the eggs with 100g of the mascarpone, salt & pepper. Add the shredded spinach & mix well.
- Take a large ovenproof dish (needs to have some depth) & grease it very well with oil or butter. Put the roasted vegetables at the bottom of the dish. Pour the egg & spinach mixture on top.
- Finally add little dollops of the mascarpone that's left on top and sprinkle the grated cheddar.
- Place in the oven for 30 to 40 minutes and cook until firm. Set aside to rest for 10 minutes and serve.

SUBSCRIBE

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City Catering Southampton - your local school meals charity
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TESTLANDS HOLIDAY CLUBS

SPRING HALF TERM
3-6 APRIL 11-14 APRIL

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- OFSTED REGISTERED
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ACTIVITIES INCLUDE

FOOTBALL - NETBALL - SWIMMING - BASKETBALL
CAPTURE THE FLAG - DODGEBALL - ARTS & CRAFTS
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*ACTIVITIES DEPEND ON CLUB SITE

WWW.TESTLANDS.COM/HOLIDAYCLUB
WWW.FACEBOOK.COM/TESTLANDSCYPF





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Contact:

Ken - 07799 664325

Lee - 07747 444015

Jack - 07729 272923



National Schools Awards 2023



National Schools Awards are now open to every school and education professional in the UK.

The deadline for nominations is Friday 21st July 2023 and all nominations are completely free of charge. You can nominate via the website here - nationalschoolsawards.co.uk/nominate

The National Schools Awards are hosted by the Institute for School Business Leadership (ISBL) and the Schools and Academies Show and takes place annually. This year's event will take place on **7th December 2023** at the House of Lords in central London.

These prestigious awards are designed to **recognise, celebrate and reward senior leadership teams, schools, and multi-academy trusts across eight different categories** for their dedication, hard work, and brilliance across education.

Nominate a colleague or school to celebrate their achievements. Entries are completely free and consist of answering 4 different questions with as much detail as you can.

All award categories are open to all school types, from Independent Schools and Sixth Form Colleges through to Academies and Maintained Schools.

SEND Family Fun Day

Thursday 6th April - 10am to 2pm

For Children and Young People:

- Princess the Unicorn
- Crazy Creatures
- Bouncy Castle
- Crazy M

For Parent Carers:

- Range of Service providers
- Refreshments

And lots more...

Register here or turn up on the day: 

INFLUENCING POSITIVE CHANGES


Southampton Parent Carer Forum

Oasis Academy Mayfield, Ashley Crescent,
SO19 9NA - Free Parking

 For more information follow us on Facebook 

KIDS Easter CAMPS

**TEAM
SPIRIT**
SPORTS COACHING

APRIL
03-14



**FREE SPACES
AVAILABLE FOR
CHILDREN IN
RECEIPT OF FREE
SCHOOL
MEALS**



**MULTI-SPORTS, CRAFTS, FOOTBALL,
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BRAND NEW TS EXPLORERS COURSES:
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For More Information, contact us :
admin@teamspirit4sport.co.uk
023 80 658 636

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