

As advice and the situation develops, please see below updated guidance from Public Health.

<https://publichealthmatters.blog.gov.uk/2020/01/23/wuhan-novel-coronavirus-what-you-need-to-know/>

www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public

www.gov.uk/government/organisations/foreign-commonwealth-office

Guidance for schools is available at the following link: <https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19/guidance-to-educational-settings-about-covid-19>

More generally, current Government advice for members of the public who have recently returned from Wuhan and Hubei Province in China, Iran, Daegu or Cheongdo in the Republic of Korea or [specific lockdown areas in Northern Italy](#) as designated by the Government of Italy is to stay indoors and avoid contact with others where possible. We advise calling NHS 111 even if they do not have symptoms of the virus.

If someone has visited or passed through mainland China, Thailand, Japan, Republic of Korea, Hong Kong, Taiwan, Singapore, Malaysia or Macau, Northern Italy not including, Pisa, Florence and Rimini and excluding the lockdown areas above, Vietnam, Cambodia, Laos or Myanmar AND have the following symptoms: temperature, cough and shortness of breath OR have been in close contact with an individual with confirmed COVID-19, they should stay indoors and call NHS 111, even if the symptoms are mild.

Further information about self-isolation can be found in the links at the bottom of this email. Everyone can help to reduce the spread of viruses in the following ways:

- **Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitiser that contains at least 60% alcohol if soap and water are not available. This is particularly important after taking public transport.**
- **Avoid touching your eyes, nose, and mouth with unwashed hands.**
- **If you feel unwell, stay at home, do not attend work or school.**
- **Cover your cough or sneeze with a tissue, then throw the tissue in a bin. www.england.nhs.uk/south/wp-content/uploads/sites/6/2017/09/catch-bin-kill.pdf**
- **Clean and disinfect frequently touched objects and surfaces in the home and work environment.**

As this is an evolving situation we advise you regularly check the latest information which can be found in the links below.

<https://publichealthmatters.blog.gov.uk/2020/01/23/wuhan-novel-coronavirus-what-you-need-to-know/>

www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public

Campaign resources are available electronically via the link below:

<https://campaignresources.phe.gov.uk/resources/campaigns/101-novel-coronavirus-resources>

For the latest information and for up to date travel advice we advise you to keep looking at the [GOV.UK](#) and Foreign and Commonwealth Office (FCO) websites at www.gov.uk/government/organisations/foreign-commonwealth-office