



# Shirley Junior School

Belle Moor Road,  
Shirley  
Southampton  
SO15 5XE

☎ 02380 771434 📠 02380 771434 ✉ office@shirleyschools.co.uk 🌐 www.shirleyjuniorschool.org.uk

Friday 24<sup>th</sup> June 2020

Dear Parent(s)/Carer,

## PSHE (Personal, Social and Health Education & SRE (Sex and Relationship Education))

### SUMMER TERM

At S.J.S, we believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) sessions. These look at many topics including all kinds of relationships, physical/ emotional health and living in the wider world. The aim of these sessions are to help our pupils make safe and informed decisions during their school years and beyond.

Sex and Relationship Education (SRE) is an important part of PSHE. We will be teaching lessons about SRE this half term. During the sessions, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information. The units to be covered for each Year group are summarized below:

#### Year 3

- Male/female body parts
- Personal space
- Different family types

#### Year 4

- Human life cycle
- Puberty
- Puberty linked to reproduction

#### Year 5

- Emotions/puberty
- Male and female puberty changes
- Hygiene

#### Year 6

- Puberty/reproduction
- Understanding relationships
- Process of conception and pregnancy
- Communicating in relationships (including domestic abuse)

**Headteacher : Mrs. A Hixon BA Hons NPQH**

**Deputy Headteacher: Mrs. J Tearle, PGCE**





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You also have the right to withdraw your child from all or part of the sex and relationships education provided at school except for those parts included in statutory National Curriculum. If you wish to exercise this right, you are invited to see the Head-teacher who will explore any concerns and discuss any impact that withdrawal may have on the child. However, we believe that the presentation of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom - so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

If you have any concerns or questions please raise them with either myself, your child's class teacher or Year Leader.

Yours sincerely

Ali McQuay

Year 3 Teacher

**Headteacher : Mrs. A Hixon BA Hons NPQH**

**Deputy Headteacher: Mrs. J Tearle, PGCE**



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