



Shirley Junior School

Belle Moor Road,
Shirley
Southampton
SO15 5XE

☎ 02380 771434 📠 02380 771434 ✉ office@shirleyschools.co.uk 🌐 www.shirleyjuniorschool.org.uk

14th September 2023

Dear Parent/Carer,

Re: **Cross Country League Competition**

The new cross-country season is set to begin on the 22nd September and we hope we can build on the successes of the last few years! If you would like your child to be involved, please complete and return the attached slip to the school office as soon as possible. Signing the slip does not mean that your child is committed to compete in every race as they may take part in as many or as few races as they wish, however they will need to run in a minimum of 3 out of the 4 races to be eligible for entry into the league.

Once again, Sport Solent is running the Cross Country. We would like to point out some key information to you regarding the safety of your child. We will talk to the children about these points in school but would request that you do the same at home:

- An adult from SJS will be present at the event and is there for the purpose of marshalling the race, however, the responsibility for looking after your child is with the person who brought them to the event.
- There will be first aid at the event but it will be located at the start/finish. We request that all children who need medication (i.e. inhalers or epi-pens) carry these on their person.
- An adult will lead the race to show the route and one will follow at the rear to pick up any stragglers!
- Marshals are Sport Solent staff and university students who are stationed around the course; however, there may be some small areas of the course not fully in view.
- There can be upward of 200 children from across the city entering the event and we would therefore recommend that parents stay at the races to supervise their child.
- Races will begin by 4:15pm so please ensure that your child is at the Sports Centre by 3:55pm (in order that there is time for all to sign in and register) and that they are collected by 4:45pm as staff will not have the capacity to return children to school.
- To take part your child **must** register with an SJS teacher when they arrive. Children will be given a ticket as they finish their races and this **must** be handed in to the member of staff present so their performance can be recorded. Once they have handed in their ticket from their race, you are free to take them home.

In addition to this, there will be practises for the children on weeks that there are no races. These will take place at lunchtimes at school. A list of these dates is attached. Children will need to bring something to run in that is okay to get muddy over the winter period. A small towel may also come in useful for if they get muddy and need to wash before changing back into school uniform.

Here is to another good season!

Yours sincerely,

Mrs Holloway

Headteacher : Mrs. A Hixon BA Hons NPQH

Deputy Headteacher: Mrs. J Tearle, PGCE





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CROSS COUNTRY September 2023

Race Dates

<u>Race</u>	<u>Date</u>	<u>Time</u>	<u>Venue</u>
League Race 1	22 nd September 2023	4pm	Sports centre
League Race 2	29 th September 2023	4pm	Sports centre
League Race 3	6 th October 2023	4pm	Sports centre
League Race 4	13 th October 2023	4pm	Sports centre

CROSS COUNTRY September 2023

Child's name:..... in class:.....

My child would like to take part in the Cross Country League.

I am aware that I am responsible for getting my child to the Sports Centre, whilst they are there and collecting them afterwards.

Contact telephone number 1 Contact telephone number 2

Name..... Signed:..... Date:.....

Headteacher : Mrs. A Hixon BA Hons NPQH

Deputy Headteacher: Mrs. J Tearle, PGCE

