



Shirley Schools



Weekly Communication

To contact any member of staff, please email
office@shirleyschools.co.uk
marked for the attention of the member of staff and your email will be
forwarded.

Friday 6th January 2023

Dear Parents and Carers,

Please find attached to the school website the following letters;

- Shirley Infants Year R Curriculum Letter
- Shirley Infants Year 1 Home Learning
- Shirley Infants Year 1 Curriculum Letter
- Shirley Infants Year 2 Home Learning
- Shirley Infants Year 2 Curriculum Letter
- Year R Mill Cottage Farm visit
- Year 1 Manor Farm Trip
- Shirley Junior Home Learning Reading Letter
- Shirley Junior Parent Forum minutes

MEDICINE REMINDER

If you send your child to school with any medicine for headaches, coughs, colds, indigestion etc, please make sure it is signed in by the school office.

Please find the links to the letter pages on our websites:

[Infant School Letters Link](#)

[Junior School Letters Link](#)

Dates for your Diary

Shirley Infant School

JANUARY

Tuesday 3rd

School re-opens at 8.40am for Spring 1

Friday 13th

Karate After school club starts

Tuesday 17th

FOSIS Bags 2 School

Friday 27th

INSET DAY - School closed to pupils

Monday 30th

INSET DAY - School closed to pupils

FEBRUARY

Thursday 2nd

Year 1 Celebration Event 2.45pm in classroom

Friday 3rd

Year 2 Home Learning due

Tuesday 7th

Year 1 Fire Visit - on site

Thursday 9th

Year R Celebration Event 2.45pm in classroom

Friday 10th

School closes for Half Term

13th—17th

HALF TERM

Monday 20th

School re-opens for SPRING 2

Wednesday 22nd

Year 2 Great Fire of London - on site

Thursday 23rd

Year R Mill Cottage - on site

Thursday 23rd

Year 1 Manor Farm - off site

Shirley Junior School

JANUARY

Tuesday 3rd

School re-opens at 8.40am for Spring 1

Thursday 5th

Year 5 Swimming Arctic Foxes

9th - 11th

Year 5 Minstead Residential - off site

Wednesday 11th

Group A

11th - 13th

Year 3 Sleepover Parents Info Evening 5pm

Junior Hall, come to Bellmoor Road

entrance

Year 5 Minstead Residential - off site

Group B

Tuesday 17th

PTA Bags 2 School

Thursday 19th

Year 5 Swimming Arctic Foxes

Monday 23rd

Young Voices - off site

Thursday 26th

Year 5 Swimming Arctic Foxes

Friday 27th

INSET DAY - School closed to pupils

Monday 30th

INSET DAY - School closed to pupils

FEBRUARY

Thursday 2nd

Share my learning 8.45am & 3.20pm in classrooms

Thursday 2nd

Year 5 Swimming Arctic Foxes

Thursday 2nd

Year 4 Fishbourne Roman Palace - off site

Friday 3rd

PTA Quiz

Thursday 9th

Year 3 Sleep over and light party - on site

Thursday 9th

Year 5 Swimming Arctic Foxes

Friday 10th

PTA Cake Sale

Friday 10th

School closes for Half Term

13th—17th HALF TERM

Monday 20th

School re-opens for SPRING 2

Thursday 23rd

Year 5 Swimming Siberian Husky

Starting school (Year R and Year 3)

Deadline to make an application is **Sunday 15th January**

https://ems.southampton.gov.uk/CitizenPortal_LIVE/en

In light of the announcement of His Majesty's coronation on Saturday 6 May 2023, an additional bank holiday has been announced on Monday 8 May. Settings that are normally closed on a bank holiday should close on this day. This will include schools and colleges.

Coming soon

Parents Evening dates - Spring 2

Infant Parent Survey - Next week

Take a look!

On our website this week, take a look at:

Infant School [Guidance and support for Parents](#)

Junior School Curriculum Pages

[Year 3](#)

[Year 4](#)

[Year 5](#)

[Year 6](#)

Shirley Junior Year 3 Sleep over and light party

The party will begin at 5:30pm and will finish at 7:30pm. The children can wear clothes of their choosing. We will be playing games, exploring light and telling stories in dark conditions. You can collect your child from the Junior school hall at 7:30pm if they choose not to come to the sleepover.

If your child is coming to the sleepover please return all the forms.



Shirley Junior Year 5 Minstead Residential

Next week some of the children in year 5 will be attending the Minstead residential as part of Group A or B.



Group A pupils will attend from Monday 9th - Wednesday 11th.

Group B pupils will attend from Wednesday 11th - Friday 13th.

On the return days of Wednesday 11th & Friday 13th we estimate the arrival time at school to be 2.30pm. The children can be collected from school at this time from the playground.

Please wait for your child to be dismissed by their group leader before taking them home.



SJS Poster Competition!

We would like you to...



...design a poster to remind children to **flush the toilets** after they have used them.

Your poster MUST:

- Be neat, clear, bold and easy to read
- Have words spelled correctly (do a draft first and check the spellings before you do the final one)
- Be created at home
- Be on A4 white paper, in portrait orientation

This way
round!

Your poster COULD:

- Include a rhyme or jingle to help children remember

Deadline: posters due in to Mrs Tearle by Friday 27th January 2023. Winning designs will be displayed in the toilets.





Parents and carers get ready for the New Year with free delivery on every order

Please find a unique code below

DISCOUNT CODE: FR-SHIRLEYINFANT-61

DID YOU KNOW?
BY ORDERING FROM EASY2NAME USING OUR UNIQUE CODE:

- EASY2NAME WILL DONATE 20% OF YOUR ORDER VALUE TO THE SCHOOL
- IT'LL HELP US KEEP ON TOP OF LOST PROPERTY BY RETURNING ITEMS EASILY!
- USING THE CODE BELOW, YOU'LL GET FREE DELIVERY ON YOUR ORDER

easy2name
www.easy2name.com

Junior School Uniform Reminder

Boys

- Green sports hoodie/school jumper
- House T-shirt/white polo/PE shirt
- Plain black joggers/shorts/trousers **(no logos/patterns)**
- Trainers

Girls

- Green sports hoodie/school jumper
- House T-shirt/white polo/PE shirt
- Plain black joggers/leggings/shorts/skorts /PE skirt **(no logos/patterns)**
- Trainers

The Footwear

- Trainers are the current footwear for school.



Shirley Junior School Parent Survey January 2023

Shirley Junior School values feedback from parents and carers as part of the continuous improvement of our school. To support this, we have created a google form survey (link below) which we would kindly ask if you could complete by 16th January 2023.

Your views are very much appreciated.

<https://forms.gle/WLpxmfgBf2q9zsXv5>

Girls and periods

Children learn about periods as part of their PSHE at the end of year 5 - but we recognise that some girls begin their periods before this has been covered in class. For parents in this situation, who are not sure how to talk to their children about this, we have produced a leaflet that might help you. It can be found on the 'Guidance for Parents' section of the website:

<https://www.shirleyjuniorschool.org/page/?title=Guidance+for+Parents&pid=234&action=saved>

Also, did you know that schools are provided with free sanitary products that girls can use in school if they are caught short or if families struggle to afford these? Upper school teachers all have access to these products.

Junior Toilets!

I know we all love a toilet conversation! We are finding that a lot of toilets in the Juniors are not being flushed after use and this is leading to children not wanting to use the school toilets. We understand that some homes may have a water-saving system of "if it's yellow, let it mellow, if it's brown, flush it down", so if your family does this, please could you teach your children that this only applies at home?

Please could we ask every family to work with their children for the next few weeks to help them learn that they need to flush toilets at school so that the cubicles are hygienic for everybody? You will have seen we are running a poster competition so we can have reminders in the cubicles, but every little bit you can do at home will help too. There are songs and jingles that can be learned that might help as reminders and that children might want to teach their friends!

Thank you from us and our toilets!



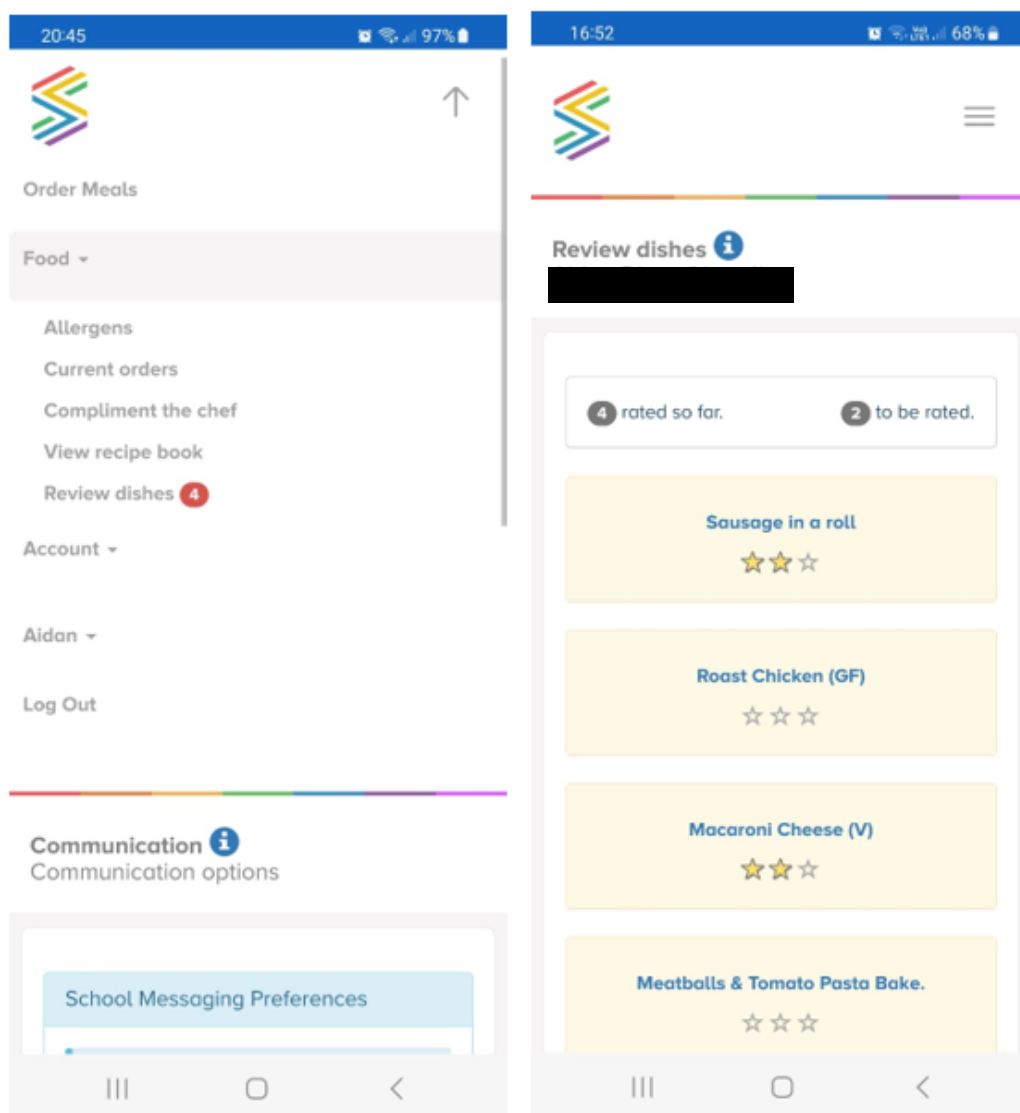
Feedback about the new School Dinner Provider

As you are aware the school year started with a new school dinner provider, Dolce who are contracted to provide school meals to all the schools within Hamwic Trust. Whilst some children have welcomed the change, we are aware that not all children are enjoying the new menu choices or portion sizes. This feedback, both positive and negative, was discussed at the parent forum meeting in December and has been reported back to Hamwic.

Hamwic are monitoring Dolce at a contract level and have asked schools to report any serious or ongoing issues, so any further feedback from parents would be welcome.

Parents and carers can email feedback to the office or drop in and speak to one of the office team, and we will continue to report any serious and/or persistent issues to both Dolce and Hamwic. Feedback can also be sent directly to Dolce Customer Care on 01942 707709 or customercare@dolce.co.uk.

You can also 'rate' school dinners and provide compliments to the chef via the SchoolGrid app. From the home screen select the menu (three lines on the top left of the screen), select Food and then Review Dishes, this will open up a page where you can leave a 1-3 star review, stars ratings once input are automatically saved.



Safeguarding

Obviously, many children will have delightedly torn the wrapping paper off various smartphones, consoles, tablets and other internet-enabled devices over the past couple of weeks – and probably couldn't wait to start their exciting journeys into previously undiscovered corners of the online universe.

Likewise, the next 12 months will also see lots of young people who already go online entering a different phase of their relationship with the digital world: perhaps getting more interested in online gaming or social media, for example.

Please see the guide from the National Online Safety which will refresh your knowledge of online safety with some core tips for avoiding common hazards. We hope you find this useful in supporting your child as they explore the online world.



FOSIS/PTFA

BAG 2 SCHOOL COLLECTION – BY 17 JANUARY



Having a post-Christmas clear out? ... please bring (bagged) any unwanted clothes, shoes, bags, soft toys, sheets, towels to 1 Branksome Avenue anytime **before 9am on Tuesday 17 January**, and raise money for our school in the process.

For more info on Bag2School see here - [Bag 2 School](#)

We are also collecting plastic tubs from chocolates for recycling (Heroes, Celebrations, Roses etc) – drop to 1 Branksome Avenue by 17 Jan too!

Please keep separate from Bag 2 School donations.



UNWANTED GIFTS FOR ELFRIDGES

If you have any unwanted Christmas gifts suitable for Elfridges next Christmas, please drop in the basket outside 1 Branksome Avenue (labelled clearly for Elfridges)



UPCOMING EVENTS...

JUNIOR QUIZ NIGHT – FRIDAY 3 FEB

Our adult quiz night is back, so get your teams of 8 ready ... more details on venue and where to purchase your tickets coming soon!

DON'T FORGET ...



Our school lottery raises money directly for the **Junior School**. Every week there is a guaranteed cash prize for someone from the school. This prize money goes up the more tickets we sell. You are also automatically entered into the national draw where you could win £25,000! The tickets cost just £1 each week.

Sign up here: <https://www.yourschoollottery.co.uk/lottery/school/shirley-junior-school>



If you are **shopping online**, please click on these links first. They then donate to the school at **NO EXTRA COST TO YOU**. Amazon = <https://smile.amazon.co.uk/>
Infants – choose Friends of Shirley Infant School
Juniors - choose Shirley Junior School PTA



Online shopping from bread to bathrooms, use Easyfundrasing, sign up here:
[Infants – Friends of Shirley Infants – Southampton](#)
[Juniors – Shirley Junior School PTFA – Southampton](#)

STAY CONNECTED AND GET INVOLVED...

Our website pages:

FOSIS – [Friends of Shirley Infant School - Shirley Infant School](#)

PTFA – [PTFA - Shirley Junior School](#)

On Facebook through the private year groups – please remember that these groups are managed by parents and not run by the school:

Infants

Year 2 Face book group - <https://www.facebook.com/groups/849370902208557>

Year 1 Facebook group - <https://www.facebook.com/groups/77436866506974>

Year R Facebook group - <https://www.facebook.com/groups/1150736922357432>

Juniors

Parents of Year 6 Face book group - <https://www.facebook.com/groups/1716707195249069>

Parents of Year 5 Face book group - <https://www.facebook.com/groups/649407131910961>

Parents of Year 4 Face book group - <https://www.facebook.com/groups/137311320449399>

Parents of Year 3 Face book group - <https://www.facebook.com/groups/172919936937823>

Community Information



CHARITY SYMPHONY ORCHESTRA
NEW YEAR
FAMILY CONCERT
A LIVELY START TO THE NEW YEAR FOR ALL THE FAMILY
WITH MUSIC FROM DISNEY AND MUCH MORE

SATURDAY 7TH JANUARY 4.30PM
CHRIST CHURCH, FREEMANTLE, SOUTHAMPTON, SO15 3BS
ADULTS - £12, KIDS - A DONATION OF YOUR CHOICE
AVAILABLE ON THE DOOR



**THE
COURAGE
FOUNDATION**

RAISING MONEY FOR THE COURAGE FOUNDATION
SUPPORTING BEREAVED CHILDREN AND THEIR FAMILIES



The FAB Course: Feelings Affect Behaviour!

A free parenting course now on ZOOM

- Understand the link between feelings and behaviour
- Tools to deal with your child's anger
- Healthy ways to express emotions
- Celebrating the positive
- Improving self-esteem

Fridays
7.30PM TO 8.30PM
24/02/2023 TO 31/03/2023

For 6 weeks: a shorter introduction followed by 5 weekly ZOOM sessions and YouTube videos



To book a place or find out more contact us at:
info@sfrust.org.uk



Strengthening Families

Supported by 

A **FREE** course for families
Online via ZOOM

Mums, dads and carers participate together with one of their children who must be aged 10–14 years

Get some helpful tips to strengthen your relationship with your child!



Explore subjects together such as:

- Setting loving limits
- Making house rules
- Encouraging positive behaviour
- Using consequences
- Building bridges
- Communicating when you don't agree

Course materials and snacks will be sent to your home!

An 8 week course starting on 25th January 2023
Wednesdays 6.30 – 8.30pm on Zoom

25th Jan and 1st, 8th, 22nd Feb and 1st, 8th, 15th & 22nd March

Book a place on the course by emailing us on info@sfrust.org.uk



PARENTING CHILDREN WITH ADHD

(aged 3 to 11 yrs old)

FREE!

A new 8-week online course for parents/carers of children with ADHD

8 sessions designed to:

- understand more about ADHD
- channel your child's energy
- improve their self-esteem
- meet their emotional needs and coping with feelings
- boost your parent/child relationship
- use effective discipline
- tips for home, school and the wider family

Via ZOOM on Monday evenings
From 23/01/23 to 20/03/22 - 7-9pm
for 8 weekly sessions (term-time only)

BOOK BY EMAILING US AT:
info@sfrust.org.uk





PARENTING CHILDREN WITH ASD

(aged 3 to 11 yrs old)

FREE!

A new 8-week online course for parents/carers of children with ASD

8 sessions designed to:

- understanding more about ASD
- working with your child's unique personality and abilities
- helping your child with issues of communication and social interaction
- meeting the emotional needs of your child
- handling special interests and repetitive behaviour
- dealing with oppositional behaviour using practical strategies
- tips for home, school and the wider family

Via ZOOM on Wednesdays
From 25/01/23 to 22/03/23 - 9.30-11.30am
for 8 weekly sessions (term-time only)

BOOK BY EMAILING US AT:
info@sfrust.org.uk





Are you dealing with child to parent violence?

For parents/carers and their children aged 10-14 years

A nine week group programme

Breaking behaviour patterns such as:

- physical violence
- damage within the home environment
- stealing from family members
- threatening behaviour in the home
- attempting to control

Get help at
Building Respectful Families

Where: 30 Brookvale Road, SO17 1QR

Dates: Tuesdays from 24th January 2023 until 28th March 2023 (excluding half term)

Time: 10am - 12pm

Drinks, snacks (and pizza for the kids) provided 

Referrals can be made via Yellow Door - email info@yellowdoor.org.uk or call 02380 636312




ACES Recovery Toolkit for Adults, Children and young People



- A 10 week programme for Mothers/carers who have experienced unhealthy relationships.
- Covering impact of trauma, building resilience, attachment and parenting, support networks, managing stress, child development, emotions and healthy relationships.
- A separate 8 week programme for their children (10-16 years) delivered by a trained practitioner.
- Covering keeping safe, managing stress and emotions, support networks, coping strategies, self-esteem, self-care and setting goals.

We are now taking referrals for our next programme:

Venue: 30 Brookvale Road, SO17 1QR

Date: January 2023

Time: 10am-12pm every Thursday

Please refer via our website www.yellowdoor.org.uk or on, 02380 636312



BRIGHT STARS GROUP

Bright stars was created to help provide a safe space for young people who have witnessed or/and experienced domestic abuse.

Domestic abuse can have a huge impact on a young person's life in many different ways.

Bright stars gives them a chance to meet others affected by domestic abuse and create a sense of shared identity and togetherness.

What happens in the group? The group meets weekly for 1 1/2 hours during term time and use a range of creative and interactive activities to explore and work on themes such as:

- What impact has domestic abuse had on our life
- Looking at identifying and maintaining healthy relationships,
- Empathy, consent, communication
- self-esteem
- emotional coping skills
- How has domestic abuse affected our thoughts & feelings about ourselves and how we view our relationships.

To book a place on any of the courses on this page of the leaflet, please contact Yellow Door on 02380 636312 or send referrals via their website: www.yellowdoor.org.uk

Gender Dysphoria Therapeutic Service

Service aiming to provide a safe and supported thinking space for Children, Young People and Families where a child or young person is experiencing confusion, distress or inter-personal difficulties related to gender.

For Southampton & Hampshire children aged 4-11 (School years R-6) Parents, carers and schools frequently and understandably struggle with how best to respond to a child presenting with gender distress. We provide between 1-6 therapeutic sessions (depending on need) where those involved can come together to consider how best the child can be supported with these difficulties.

For Southampton & Hampshire children aged 12-18 (School years 7 and up) We run a therapy group that meets on a Thursday 5.15-6.45pm during term time. Using our combined training in Art Therapy and talking therapies the two facilitators aim to engage young people in: -

- exploring gender identity / dysphoria - what it means and how it impacts
- exchanging ideas, opinions & experiences alongside others facing both similar and different challenges
- building communication skills & social confidence through getting support from and being helpful to others
- considering the many different ways of understanding & managing their difficulties - recognising unknowns, uncertainties and the potential for thoughts and feelings to change over time
- identifying, celebrating and building on their individual strengths

How to reduce condensation and prevent mould in your home

Avoid damp conditions

Winter is often the time when you experience damp conditions in your home.

Condensation is caused by warm moist air coming into contact with cold surfaces such as windows and walls. It happens mainly during the colder months, regardless of whether the weather is wet or dry.

Condensation is completely normal and is the most common cause of dampness in the home, especially in colder rooms.

If condensation builds up it can become a major problem.

Why is condensation a problem?

When condensation builds up on a surface it can cause mould to grow. The most common places for this to happen are walls (especially in corners and behind furniture), ceilings, window frames and sills.

Clothes, curtains, bedding, wardrobes and furniture can also be affected.

If left untreated, this can lead to severe dampness and the results could be very harmful to your family's health.

What can I do to avoid a build up of condensation?

Following these simple steps will reduce moisture in your home which will help to prevent condensation and mould growth:

- Regularly wipe clean surfaces which are prone to condensation
- Move furniture away from the walls so there is a gap to allow air flow
- Increase ventilation by opening windows wide on opposite sides of your home for 15 minutes every morning to allow moisture laden air to be taken away
- Put lids on pots and pans in the kitchen when cooking
- Use the cooker hood or extraction fan if you have one - Open a window in or near the kitchen and close doors when cooking or sterilising baby bottles
- Don't use a gas cooker to heat your kitchen as burning gas creates moisture
- Avoid drying clothes inside. If you have to, make sure a window is open in the room where the clothes are drying. Don't put clothes on a radiator or in front of a fire
- If you use a tumble dryer, make sure it has a vent to the outside or is a condensing dryer
- Close the bathroom door when having a bath or shower, and open the window when possible for at least 30 minutes afterwards
- If you have an extractor fan make sure it is on and don't switch it off as it has a built-in overrun
- When filling a bath, run the cold water first, then top up with hot water. This simple rule reduces steam by up to 90% - preventing condensation
- Dry bathroom surfaces after a bath or shower
- Leave window trickle vents open if you have them
- Do not cover fans or vents
- Do not store items in the loft – it needs all the space to allow air to circulate
- Do not use bottled gas heaters. These produce the same volume of water as the volume of fuel burned
- Heat your home evenly. Keeping the heating on a low level all day rather than high blasts should help reduce your heating bill
- Do not overfill wardrobes and drawers to allow air to circulate. This includes periodically leaving drawers and wardrobes doors open for a period of time every day

How to reduce condensation and mould growth

Extractor fan

If you have an extractor fan, it's essential that you use it properly.

After bathing or cooking, switch on the fan – if it doesn't start automatically. Then close the door behind you. The fan will draw moisture from the room.

Some fans are designed to be constantly running and shouldn't be disconnected. Their running costs are only a couple of pence a day – and outweigh the cost of any damp and mould problems that might arise.

Dehumidifier

An electrically operated machine that both warms and dries the air.

Warm moist air is drawn into the machine, which passes over a cold coil so that moisture condenses and collects in a container which must be emptied.

Fungicides

There are many fungicide washes and paints available for killing mould fungi on walls, and preventing future growth. Although there is little point in using them unless the underlying cause of the mould growth is removed.

I've followed this advice and mould is still growing, what do I do now?

If you have taken reasonable steps to prevent mould from growing in your home by following the above advice and the problem isn't going away, we can arrange for a surveyor to come and investigate. There may be an underlying problem in your home which is causing true damp, and it is important that we rule out condensation as the cause first.

Please note: It is very important that you ensure these preventative measures are taken to protect damage to your home and belongings for example, carpets, furniture, soft furnishings and clothes.

Failure to implement these self-help measures will be taken into account if you make a future compensation claim for damage resulting from this damp.

What causes true damp?

- Plumbing leaks
- Cracked or blocked drainage pipes or guttering
- Roof leaks
- Damaged walls and overlapped damp proof coursing can all cause true damp

Getting help with the cost of living

On this page you will find information and links to help if you are being deeply affected by the rising cost of living.

Please click below to find what help you can receive.

https://scc-staging.southampton.gov.uk/life-events/getting-help-with-the-cost-of-living/?utm_ID=&utm_medium=email&utm_name=&utm_source=govdelivery