



# **TEAM SPIRIT – AFTER SCHOOL CLUBS – JANUARY 2022**

**We are pleased to announce Team Spirit as an after school club provider at Shirley Junior School for January 2022.**

Team Spirit come with a wealth of experience delivering various sports provision across Southampton and its surrounding areas for over 10 years with their team of fully qualified coaches providing a fun, safe, engaging environment for children to learn and improve their skills.

## **Details of after school clubs:**

### **Monday – Football Yrs 3/4/5/6**

Team Spirit football will teach the children the fundamental ball skills and techniques using our TEAM ethos. Competitions and much more. Lots of football fun. WOOHOO!

### **Tuesday – Netball & Basketball Yrs 3/4/5/6**

Hi 5 Netball is an action-packed sport for boys and girls, fast and intense for everyone to enjoy. Lots of mini fun agility challenges and fun team building games.

### **Wednesday - Team Xtreme Yrs 3/4/5/6**

Team Xtreme is a club for children with lots of energy, imagination and sense of adventure. Children will take part in a range of activities that will put mind and body to the test. Sessions include: Dodgeball / Nerf / Capture the flag / Ninja Warrior / Archery / Lego / Benchball and much more...

### **Friday - Gymnastics & Ninja Warrior Yrs 3/4/5/6**

Test out your balance, power, strength, co-ordination and flexibility on our Ninja Warrior courses and learn new skills with some gymnastics fun too!

**START TIME 3:20 - FINISH TIME 4:25**

## **How to book:**

Team Spirit will be taking and managing all bookings so for full details of the courses available and to book please visit: [www.teamspirit4sport.co.uk/team-spirit-4-sport/after-school-clubs/](http://www.teamspirit4sport.co.uk/team-spirit-4-sport/after-school-clubs/)

Alternatively, you can get in touch with our admin team through email:

[admin@teamspirit4sport.co.uk](mailto:admin@teamspirit4sport.co.uk) or by phone: 02380658636 to book your children's places.

The clubs are limited to 16 children per club and are offered on a first come first served basis. Once a club is filled, we are able to place your child on a waiting list for any spaces that come available – if this isn't possible you will be offered a place as priority for the following course that starts the following term.

We are extremely proud to offer this exciting opportunity to you all and we hope to see lots of you on our clubs soon.