

Primary Autumn Winter 2019 Menu

Week 1 - 01/06, 22/06, 13/07

	Monday	Tuesday	Wednesday	Thursday	Friday
Year 6 Grab and Go	Mac N Cheese Pot with BBQ Baked Beans Pasta spirals in a cheesy sauce topped with BBQ baked beans	Mild Beef Chilli Wrap A mildly spiced beef chilli tortilla wrap	Chinese Chicken Noodle Pot Chicken noodles seasoned with Chinese five spice with red onion and peppers	Roast Chicken Bap Slices of delicious roast chicken in a soft bap	Fish Finger Sandwich Salmon fish fingers between bloomer bread

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Week 2 - 08/06, 29/06

	Monday	Tuesday	Wednesday	Thursday	Friday
Year 6 Grab and Go	Mild Chilli Cheese Burrito A delicious folded wrap filled with mild five bean chilli, cheese and rice	Lemon Chicken Rice Pot Chinese lemon chicken with rice in a pot	Quorn Ball Sub Roll The vegetarian version of the classic Meatball Sub roll with a tomato sauce	Roast Pork Bap Slices of delicious roast pork in a soft bap	<i>Fish Finger Sandwich</i> <i>Pollock fingers in between slices of bloomer bread</i>

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Week 3 - 15/06, 6/07

Year 6 Grab and Go	Chinese Quorn Rice Pot Quorn flavoured with five-spice seasoning with vegetables and rice	Beef Chilli Nacho Pot Nachos topped with a mildly spiced beef chilli	Chicken & Melted Cheese Roll Roll filled with chicken, red onion and topped with melted cheese	Roast Turkey Bap Slices of delicious roast turkey in a soft bap	Fish Sub Roll Battered Pollock in a soft sub roll
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