



Shirley Junior School

Belle Moor Road,
Shirley
Southampton
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www.shirleyjuniorschool.org.uk

Friday 18th July 2021

Dear Parents/Carers

Relationships and Drugs Education (including sex education in upper school)

As part of your child's education at SJS we promote personal wellbeing and development through a comprehensive PSHE (Personal Social and Health Education) programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

Within the next few weeks, your child's class will be taking part in lessons which will focus on the relationships and sex education. Teachers will be delivering these sessions through a scheme of work which has been quality assured by the Association of PSHE. It has been carefully designed, taking into consideration age appropriate materials which is well matched to meet the needs of our pupils at SJS. Children will be encouraged to develop the skills of listening, empathy and talking about feelings and relationships associated with their family and friends. As with all learning at SJS, sessions will be conducted in a safe, trusting and secure environment as underpinned by our school ethos and values. Individual year groups will let you know, via MME, prior to when these will take place.

Unfortunately, in this current time, we cannot host a physical presentation to give you a more comprehensive picture of what we are planning and due to copyright, we are not allowed to post the resources on the website. Below, in case you would like to speak to your child prior or after the sessions to consolidate their learning, you will find topic grids of the lesson content and the corresponding scientific words for that unit of work.

Headteacher : Mrs. A Hixon BA Hons NPQH
Deputy Headteacher: Mrs. J Tearle, PGCE, BEng, MSc





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Year 3 Valuing Difference and Keeping Safe

Lesson 1: Differences: Male and Female
Lesson 2: Personal Space
Lesson 3: Family Differences

penis vagina private parts
womb testicles

Year 4 Growing Up

Lesson 1: Growing and Changing
Lesson 2: What is Puberty?
Lesson 3: Puberty Changes and Reproduction

Yr 3 words above

breasts sperm egg pubic hair
physical and emotional changes
puberty

Year 5 Puberty

Lesson 1: Talking about Puberty
Lesson 2: Male and Female Changes
Lesson 3: Puberty and Hygiene

Yr 3 and Yr 4 words

nipples periods acne erection
wet dreams semen ovaries eggs
genitals hormones

Year 6 Puberty, Relationships and Reproduction

Lesson 1: Puberty and Reproduction
Lesson 2: Understanding Relationships
Lesson 3: Conception and Pregnancy
Lesson 4: Communication in Relationships

Yr 3, 4 & 5 words

menstruation sexual intercourse
conception pregnancy

We are really passionate about all pupils having opportunity to explore these important topics safely. Within the 21st century, children's minds may not be empty to sex and relationships due to their instant access to television, internet, music, song lyrics and even advertisements. Therefore, we need to equip children to understand what healthy and positive relations are and how to keep themselves safe. Attached is some additional information you may find useful published by the Department for Education (DFE).

There is no parental right to withdraw your child from any relationship education or from puberty or life cycle sessions. However, you do have the right to withdraw your child from Sex Education as this is not compulsory at KS2. (Year 6 – Lesson 3). If you wish to exercise this right, it is important to discuss this with the Headteacher.

As always, if you require further information or have any queries, please do not hesitate to contact your child's teacher or myself by email or phone.

Yours sincerely

Ali McQuay (Subject Lead for PSHE Education)

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