

## Online safety at home: Parents and carers newsletter Part 4

21/05/21

Technology is hugely valuable for everybody, as a way to keep in touch with friends and family, learn and play. However it's important we all consider regularly how we can support children's online safety. Here's some information about what your child may enjoy online and what you can do to help keep them safer.

## Sharing information, pictures and videos

It's harder to stay connected with our friends and family right now, so you may be sharing more images and videos of your children online via social media. But before you do, there are some important things to consider.

Read <u>sharing pictures</u> of your children for info on how to protect your younger, or older child whilst staying social. Using devices like phones and tablets to share pictures and videos can be a fun way for children to have fun and stay in touch with friends and family online. It's really important your child knows what's ok to share online and what they should check with you first.

Read <u>younger children</u> <u>sharing pictures or videos</u> <u>online</u> for more information on the risks and how to support safer sharing. Personal information is any information that can be used to identify your child.

Sharing personal information online is easy and sometimes children, like adults, might share more online than they would offline, which can be risky.

Read <u>your child's personal</u> <u>information and how to</u> <u>protect it online</u> for information and advice.

## Steps you can take to help keep your child safer online

**Talk about how their online actions affect others:** If your child is engaging with others online, remind them to consider how someone else might feel before they post or share something. If they are considering sharing a photo/video of somebody else, they should always ask permission first.

**Use 'SafeSearch':** Most web search engines will have a 'SafeSearch' function, which will allow you to limit the content your child can access whilst online. Look out for the 'Settings' button on your web browser homepage, which is often shaped like a small cog.

Visit Thinkuknow.co.uk/parents for more information on keeping your child safer online.

## More information?

Thinkuknow is the education programme from the National Crime Agency's Child Protection Command CEOP (NCA-CEOP) whose aim is to protect children and young people from sexual abuse online.

For more information, advice and guidance, visit their <u>parent's website</u> and download their <u>home</u> <u>activity worksheets</u> for fun, online safety activities to do with your family.