



# Shirley Junior School Weekly Communications

**KINDNESS.**  
**RESPECT.**  
**INTEGRITY.**

**Friday 20th December 2024**

**Headteacher Message:**

We really hope the children have enjoyed the Christmas events this week - lots of presents have been bought in Elfridges and everybody sang their hearts out at the Christingle service. A big thankyou to everyone who came along to join in.

We'd like to wish all parents, carers and families a very lovely two-week break. Thank you for all your support this term, and we'll see you in 2025!

**Whole School Dates:**

Friday 20<sup>th</sup> December – Last day of term  
Monday 6<sup>th</sup> January – First day of Spring term (children back at school)  
Monday 10<sup>th</sup> February – INSET Day – staff training (no children in school)  
Friday 14<sup>th</sup> February – Last day of term  
Monday 24<sup>th</sup> February – INSET Day – staff training (no children in school)  
Tuesday 25<sup>th</sup> February – First day back at school  
Friday 28<sup>th</sup> March – INSET Day – staff training (no children in school)

**Messages:**

**Team spirit After School Dance Club and Sports Activities**

Please see the attached flyers.

# School Messages...

## Understanding the Risk and Protective Factors Associated with Disordered Eating in Autistic and/or ADHD People

This study by Kyle Buchan (Edinburgh University) will investigate risk and protective factors of disordered eating in Autistic/ADHD people. Participation involves completing a survey which will take around 45 minutes to finish. The survey will ask for some demographic information (age, gender, ethnicity, diagnoses) as well as including measures of:

- monotropism (intense focus and interests)
- sensory processing abilities (avoiding or seeking sensory experiences)
- camouflaging (e.g. masking autistic traits), and
- childhood trauma (e.g. childhood neglect)

This will involve selecting boxes on rating scales to show your agreement to a statement or to select an option which best applies to you. All of the included measures have been informed by lived experience voices in our prior photovoice study with Autistic people with eating disorders.

Participants who reach the end of the survey can opt in to a prize draw which will be announced when data collection is finished (Est. August 2025). Participants will have the chance to win one of the three prizes available. These prizes are: 1 x £100 voucher and 2 x £50 vouchers.

Contact details: If you have any questions about the research, please email [Kyle Buchan](mailto:Kyle.Buchan@ed.ac.uk).



## Introducing the Shirley Schools Astro Appeal

Help us fundraise £10,000 to support the replacement of the shared astro pitch. In return for a £10 donation, you can 'own' a square metre of the new astro. [Click here](#) to find out more and sign up. You'll be taken to the Infant School website, but the opportunity is open to families of both schools. A letter with a paper version of the sign-up form will be coming out in book bags soon, so please keep an eye out. Any questions, please email [fosis@shirleyschools.co.uk](mailto:fosis@shirleyschools.co.uk) We're also working on advertising opportunities for local businesses, so watch this space for more info!

# Coming up in your year group...

## Year 3

13th February – Sleepover (Further information TBC)

## Year 4

22nd January – Trip to Marwell Zoo.

## Year 5

Year 5 Swimming – Cappybara class

8th, 15th, 22nd January; 5th, 12th, 26th February.

Minstead Residential Information Evening – Thursday 9th January, time TBC

Minstead Residential – 27th – 31st January

## Year 6

15<sup>th</sup> January – Height and Weight checks

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