



# **KINDNESS** RESPECT INTEGRITY

## **Our Personal Skill:**







	EVERY	EVERY	EVERY
	CHILD	CHANCE	DAY
12Th	Belonging Nurture	Opportunities Inclusiv <b>You</b>	Understanding US sistent
Year 3	Mind- How to calm-doodling/journaling as a strategy. Body -importance of a balanced diet.	<b>Sharing</b> - what does this look like? How does it help others?	<b>Our environment</b> - Litter in the playground, caring for our immediate environment.
Year 4	<i>Mind -</i> Positive self talk - I am the best me I can be! <b>Body</b> -importance of regular exercise.	Helping - Could I help you?	<b>Our resources</b> - Recycling materials - being mindful of what we use.
Year 5	<b>Mind -</b> Breathing as a grounding strategy- techniques of calming. <b>Body -</b> TaiChi - improving focus and calm.	Speaking - My words have to power to build you up!	<b>Our world</b> - <i>Renewable</i> <i>energy (water</i> <i>waste/electricity)</i>
Year 6	<b>Mind -</b> Meditation - taking time to replenish. <b>Body -</b> Sleep - keeping my body .	Actions - Impact of me on others .	<b>Using a voice in a</b> <b>community</b> -Speaking out - <i>joining voices and promoting</i>

### CV/CDV

### **Caring at Shirley Junior School: My Voice**



We know our children can make a difference in our school community they drive change and ensure that Shirley Junior School is the best place it can be.

From representing the school in clubs, taking an active part on house challenges, being a member of our eco or learning council or working towards a Citizenship Award - our children **care** about their school.













Citizenship is all about being an active citizen and ♂ getting involved as a member of a community.

**Caring at Shirley Junior School: Democracy Day**  Each year, Shirley Junior School participates in a focused day learning about what democracy is and how it shapes our lives. Each year group deepens children's understanding of what it means to be a citizen and have a vote.

Year 3	<u>Year 4</u>
Origins of democracy -	Democracy in England -
Ancient Greece	Magna Carter
Year 5	Year 6
Democracy and equality?	Today's system - manifestos
Votes for women.	and voting ages.



*As a part of this day, children participate in their own democratic vote. They vote in the learning ambassadors, house captains and eco council for the year.* 





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