

#### To contact any member of staff, please email

office@shirleyschools.co.uk

marked for the attention of the member of staff and your email will be forwarded.

Friday 9th September 2022

Dear Parents and Carers,

Please find attached to the school website the following letters;

- Year R Life long time ago Letter
- Year R Curriculum Letter
- Year R Reading Letter
- Year 1 Curriculum Letter
- Year 1 Reading Letter
- Year 1 Home Learning
- Year 2 Home Learning
- Year 2 Curriculum Letter
- Year 2 Southampton Common Trip Parent Info
- Year 2 Reading Letter
- Year 2 Reading Comprehension Dogs
- Year 3 Healthy Juices Hook Day
- Trip/Event information Year 3
- Year 4 Butser Trip Information
- Trip/Event information Year 4
- Trip/Event information Year 5
- Year 5 Planetarium Parent Info
- Trip/Event information Year 6

#### Please find the links to the letter pages on our websites:

https://www.shirleyinfantschool.org.uk/parents/letters/letters-autumn-1-2022

https://www.shirleyjuniorschool.org/page/?title=Letters%3A+Autumn+1&pid=77

## Dates for your Diary

Shirley Infant School		Shirley Junior School		
<u>SEPT</u>		<u>SEPT</u>		
Monday 12th Monday 12th	Team Spirit After School Clubs start Year R Purple Group 8.40am till 3.10pm	Monday 12th Monday 12th	YR 3 Healthy Me hook day All Stars Dance After School Club Starts	
Tuesday 13th	Year R Green Group 8.40am till 3.10pm	Monday 12th Wednesday 14th	Team Spirit After School Clubs start Year 5 Planetarium Visit - on site	
Tuesday 13th	Year R Curriculum Evening 6pm - 7.30pm	Thursday 15th Wednesday 21st	Year 4 Butser Trip - off site Year 4 & 6 Curriculum Evening &	
Wednesday 14th	Year R Purple Group morning only 8.40am - 12pm	Thursday 22nd	Meet the Teacher time TBC Year 3 & 5 Curriculum Evening &	
Thursday 15th	Year R Green Group 8.40am till 3.10pm	Monday 26th	Meet the Teacher time TBC Year 6 Little Canada Residential -	
Friday 16th	Year R Purple Group 8.40am till 3.10pm		1 week	
Tuesday 20th	Year 2 Southampton Common Trip Off site			
Wednesday 28th	Year R Workshop Life long ago at school			
<u>oct</u>		<u>ост</u>		
Monday 3rd	Portrait & Sibling photos	Monday 3rd	Portrait & Sibling photos	
Friday 7th	Harvest Festival	Thursday 6th	Share my Learning 8.45am and 3.20pm	
Monday 17th	INSET DAY - School closed to pupils			
Monday 24th	HALF TERM 1 week	Monday 17th	INSET DAY - School closed to pupils	
		Monday 24th	HALF TERM 1 week	

## **Coming soon**

Thank you to Fosis and Toyota for our new Scooter Pods. These are being installed over the next few weeks. Some will be under cover and some will be in open air.

## **Shirley Juniors & Infants**

#### **Portrait & Sibling School Photo Day**

If you have children in both schools and wish to for them to be photographed together, you can come to school for 8.30am in the Junior School hall on Tuesday 4th October.



#### Southampton City Council's School Travel programme

During the peak hours on Southampton's transport network, journeys to and from school form a large proportion of the overall demand on the transport network. Ascertaining how pupils are travelling to school helps us manage demand on the network, improve journey times and, from a financial perspective, helps us leverage central government funding for targeted and impactful infrastructure or behaviour change schemes.

We would appreciate school pupils taking the time to complete the survey.

The link to the pupil surveys is:

https://southamptoncitycouncil.researchfeedback.net/s.asp?k=166091743606

#### **The School day and Attendance Matters - Shirley Schools**

At Shirley Infant and Junior schools we are VERY proud that we continue to be 2 of the highest attended schools in Southampton. We would like to thank all of our parents for supporting us in maintaining this, this year.

From 2nd September 2022 **Shirley Infant school will start at 8:40.** The **gates will remain open until 8:50**, by which time all children must be in school.

<u>Shirley Junior school will continue to start at 8:45 with all children to be in school by 8:55,</u> this has stayed the same as it meets the government criteria and guidance. The school gates will open at 8.30 for the children to come onto the playground.

The changes to the Infant school times are to ensure that we meet the government's new rules that all children are in school for 32.5 hours per week. To ensure that we meet this we will be increasing the school day by 5 minutes.

Please can we remind you we are not able to authorise leave of absence for holidays and we ask that you absolutely do your best to minimise any future missing days of school please. Please can we also remind you of the following;

- The Infant School doors open at 8:40am and close at 8:50am, the Junior School doors open at 8:45am and close at 8:55am. This means that the children can settle in class and then be ready to begin their lessons.
- After 8:55am, children are late and MUST always be signed in at the school office to ensure their safety. If you know your are going to be late please contact the school office by 9:20am.
- We expect ALL appointments, with the exception of hospital appointments, to be made outside of normal school hours.
- For appointments from 9:30am onwards, we expect all pupils to attend the school for registration and then be collected and returned within an appropriate time frame. If you are unsure about this, please speak to the school office.

Thank you for your ongoing support with your child's school attendance. It means so much to us and your child/children.

#### **Juniors**

#### **To do: Email and Internet Policy**

Please could all parents read through the 'Email and Internet Use' policy on p8 of the children's planners, with your children, and make sure all children sign these?

#### To do: Social Media policy for Y5 and Y6

Please could all parents of children in years 5 and 6 read through the 'SJS Social Media policy' on p11 and p12 of the children's planners, and make sure year 5 and 6 children sign these?

#### **Juniors Citizenship Award**



We are delighted to present our new Citizenship Award (at last!). The award aims to help children develop skills in nine different strands, including Independence, Eco Warrior, School Community, Wider Community and Leadership. Each child has an Award Booklet to be kept at school which contains suggestions for activities and space for each one to be signed off.

To work towards their award each year, children need to complete an activity in each of the nine strands. As some of the activities are regular or sustained, children will not be allowed to achieve the award until the second half of the summer term, when they can prove they have kept their regular activities up. At this point, they will receive a coloured wristband that they can wear for the rest of their time at Shirley Junior School, and if they earn the award each year they can collect all four different colours.

We hope that lots of our children will be inspired to have a go at earning their Citizenship Award. In year 6, children who have completed at least one activity from each strand in the previous years, as well as all the Year 6 activities, can nominate themselves for their Governors' Award. If their teachers agree, they will have an interview with our Chair of Governors to talk about themselves as citizens and how they have contributed to the school and the wider community.

You can see the suggested activities for each year group in the children's planners on page 19 (Y3/4) and p21 (Y5/6), or on the website here:

https://www.shirleyjuniorschool.org/page/?title=Citizenship+Award&pid=107&action=saved, along with some alternative activity ideas.

#### Junior lunchtimes

We have a number of quieter activities running over lunchtime for children who may find it hard to be out on the playground. ELSA club has a different theme each day, and there is also a daily a Library club and an indoor Chess/Games club. If you think your child would benefit from these, please let their teacher know as spaces are limited.

#### **Starting secondary school (Year 7)**

Children currently in Year 6 at Shirley Junior School, or born between 1 September 2011 and 31 August 2012, are able to start Year 7 in a secondary school in September 2023.

The deadline date to make your applications is 31st October 2022 at 23:59.

Please see the link below to make your secondary school applications.

https://www.southampton.gov.uk/schools-learning/find-school/apply-school/year-7/

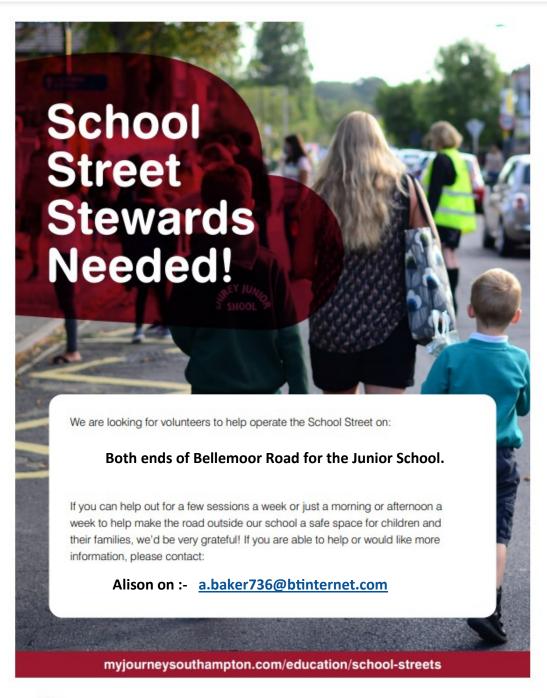
#### Late applications

All applications received after 23:59 on 31st October 2022 will be considered late applications and will not be processed until after the on-time applications.

Late applications are made, with limited exception, via a form on the Southampton City Council website.

#### Seeking volunteers!

If you would like to support the Junior School, we would welcome volunteers to help keep our children safe by stewarding the road closure in the morning or afternoon. You can do as little as one morning (8:30 - 8:55am) or afternoon (3:05 - 3:30pm) a week, and we can work around your individual needs in terms of drop off or pick up times. Training will be given if you are new to the role. If you are able to help, please contact Alison Baker (a.baker736@btinternet.com).







# FOSIS/PTFA



Back to all our returning parents and carers and an extra warm welcome to our new Year R parents and carers!

#### **UPCOMING EVENTS...**

#### BAG2SCHOOL - 20 September 2022



What better way to start the new school year than with a good clear out of your wardrobe and help raise money for the schools. Simply bag up your old clothes, towels, bed linen and soft toys, and drop off to 1 Branksome Ave anytime from 17 September until 20 September 2022 (9am latest)

#### PARENT/CARER CLASS REPS NEEDED

A huge **thank you** to those who have already volunteered to be a class rep, we really appreciate your support.



We still have a few more places to fill in both schools, it's nothing too demanding on your time but is a huge support to the schools and fellow parents.

#### Main activities include:

- Parent forum once a term ish -collecting comments and attending if you can this is where we share parent feedback with the senior leadership team of the school and work together to identify improvements.
- Arranging gifts at Christmas and end of year for teachers/TA.
- Coordinating your class stall at the summer fair.
- Any other input/support to PTFA/FOSIS events is always very welcome but completely optional

#### DON'T FORGET ...



**Our school lottery** raises money directly for the **Junior School**. Every week there is a guaranteed cash prize for someone from the school.

This prize money goes up the more tickets we sell.

You are also automatically entered into the national draw where you could win £25,000! The tickets cost just £1 each week.

Sign up here: <a href="https://www.yourschoollottery.co.uk/lottery/school/shirley-junior-school">https://www.yourschoollottery.co.uk/lottery/school/shirley-junior-school</a>



If you are **shopping online**, please click on these links first. They then donate to the school at **NO EXTRA COST TO YOU.** Amazon = https://smile.amazon.co.uk/

Infants – choose Friends of Shirley Infant School Juniors - choose Shirley Junior School PTA

Online shopping from bread to bathrooms, use Easyfundrasing, sign up here:

<u>Infants – Friends of Shirley Infants – Southampton</u> <u>Juniors – Shirley Junior School PTFA – Southampton</u>

#### STAY CONNECTED AND GET INVOLVED...

On Facebook through the private year groups – please remember that these groups are managed by parents and not run by the school:

#### Infants

Year 2 Face book group - <a href="https://www.facebook.com/groups/849370902208557">https://www.facebook.com/groups/849370902208557</a> Year 1 Facebook group - <a href="https://www.facebook.com/groups/774368666506974">https://www.facebook.com/groups/774368666506974</a> Year R Facebook group - <a href="https://www.facebook.com/groups/1150736922357432">https://www.facebook.com/groups/1150736922357432</a>

#### **Juniors**

Parents of Year 6 Face book group - <a href="https://www.facebook.com/groups/1716707195249069">https://www.facebook.com/groups/1716707195249069</a>
Parents of Year 5 Face book group - <a href="https://www.facebook.com/groups/649407131910961">https://www.facebook.com/groups/649407131910961</a>
Parents of Year 4 Face book group - <a href="https://www.facebook.com/groups/137311320449399">https://www.facebook.com/groups/137311320449399</a>
Parents of Year 3 Face book group - <a href="https://www.facebook.com/groups/172919936937823">https://www.facebook.com/groups/172919936937823</a>

## **Community Information**

The Health Outcomes for young People throughout Education (HOPE) team at the University of Cambridge have designed three types of survey that aim to explore and highlight any variations in SEND identification and provision across all Local Authorities in England. One survey is aimed at children and young people, and asks about their experiences with SEND (aged 11-27), the second type of survey is aimed at parents and carers of children (of any age) with SEND. The third type is aimed at wider stakeholders (including those working in education, for the health services, and for local authorities). All surveys are anonymous, and the study has been approved by Cambridge Psychology Research Ethics Committee, study ref:PRE:2021.058.

The three types of survey can all be accessed via this link: <a href="https://redcap.link/">https://redcap.link/</a> HOPEsurvey

#### Have your say on making Southampton safer for women and girls

Together with partners including the police, Probation Service and health care providers we have established the Southampton Domestic Abuse and Violence Against Women and Girls Partnership and developed a local strategy to tackle the issue. The strategy outlines how we plan to help prevent violence and abuse, support victims, change behaviour and develop a stronger, coordinated response. We are seeking feedback on the plans so please <u>view and comment on the strategy</u> before 12 October.

#### New date for rent and service charge Direct Debits

If you pay your monthly rent or service charge by Direct Debit you can now select for the money to come out of your bank on the 15th of each month. You can also request the first working day of each month or pay weekly (every Friday).

Direct Debit is the safest and most convenient way to pay. If you would like to set this up just <u>email</u> or call us on 023 8083 3388.

## **Southampton MHST Newsletter**

Primary: https://online.flippingbook.com/view/147306558/ -

# Strengthening Families Families

# A FREE course for families Online via ZOOM

Mums, dads and carers participate together with one of their children who must be aged 10—14 years

Get some helpful tips to strengthen your relationship with your child!



Explore subjects together such as:

- Setting loving limits
- · Making house rules
- · Encouraging positive behaviour
- Using consequences
- Building bridges
- · Communicating when you don't agree

#### Course materials and snacks will be sent to your home!

An 8 week course starting on 5th October 2022
Wednesdays 6.30 – 8.30pm on Zoom

5th, 12th, 19th Oct. and 2nd, 9th, 16th, 23rd & 30th Nov. 2022

Book a place on the course by emailing us on info@sftrust.org.uk





#### CITYWIDE WHAT'S ON September - December 2022

#### For parent/carers & children 0-5 years

Monday	Soft Play All Saints Church 9.30-10.15am or 10.30-11.15am Term time only	Stay & Play Sure Start Weston 9.30-11am	Tots & Tunes Sure Start Northam 11am-12midday Term time only	Stay & Play Sure Start Clovelly 1-2.30pm	Breastfeeding Support Sure Start Townhill Park 1-2.30pm Booking essential See back for details	Tots & Tunes 0-12 Months Sure Start Weston 1.15-2pm Term time only
Tuesday	Bumps & Babies Parent Support Group Salvation Army 10.30-11.30am Term time only	Read & Rhyme Via ZOOM 11.30am Term time only	Stay & Play Ashby Centre 1-2.30pm	Tots & Tunes Sure Start Thornhill 1.15-2pm Term time only	Tots & Tunes Pickles Coppice 1.30-2.15pm Term time only	Please see over page for session information, venue details, including toy libraries.
Wednesday	Stay & Play Sure Start Townhill Park 9.30-11am		Chatter Matters Sure Start Swaythling 9.30-11.30am See back for details	<b>有着</b>	Chatter Matters Sure Start Townhill Park 1-2.30pm See back for details	Sessions are drop in unless it states booking or limited & may be changed/cancelled at short notice.
Thursday	Breastfeeding Support Ashby Centre 9.30-11am Booking essential See back for details	Stay and Play Pickles Coppice 9.30-11am	A A A	Let's Shake Up Sure Start Clovelly 1-2.30pm Booking essential See back for details Term time only	Chatter Matters Pickles Coppice 1-2.30pm See back for details	Family Fun After School Club Age 5-11years Pickles Coppice 3.30-5pm Term time only
Friday	Tots & Tunes Sure Start Townhill Park 10-10.45am Term time only	Stay & Play Sure Start Swaythling 10-11.30am	Messy Play Pickles Coppice 12.30-2pm Term time only	Mini Soft Play Age 2 years & under Sure Start Northam 1-2pm Term time only	Stay & Play Sure Start Thornhill 1-2.30pm	Follow us on Facebook SureStart Family Hub Southampton

#### **Breastfeeding Support**

Breastfeeding support & advice from a breastfeeding network counsellor & peer support.

#### Booking is essential via their link

https://www.eventbrite.com/cc/southamptonbreastfeeding-groups-204909

## Bumps & Babies Parent Support Group

A social support group for new & expectant parents.

Play activities designed for babies under 1 year.

For more information Tel: 02380 771655

## Chatter Matters Speech Therapy Drop In

Are you concerned about your child's speech & not already accessing the speech therapy service?

Pick up an information form from your health visitor, children's centre or call the speech therapy service. Tel: 0300 300 2019

Bring your completed form with you to a Chatter Matters session & sign up for <u>20 minute</u> appointment with a speech therapist.

#### Sessions are limited to:

6 families per session
(Seen on a first come basis)
To families who live within the
Southampton City Council Boundary or
registered with a GP in the
Southampton City Council Boundary
For more information please call the
Speech Therapy Service:
Tel: 0300 300 2019



Let's Shake Up

Football fun for families, includes

stories & songs & a healthy snack for

the children.

To book please call:

Sure Start Clovelly Family Hub Tel: 02380 331635

Messy Play

Messy fun with paint, gloop,

water, sand and more

DRESS FOR MESSIII

Play activities for the family to enjoy

together.

Suitable for children in Year R to Year 6.

A healthy snack will be provided.









#### Mini Soft Play

Soft play session for children under 2 years.

#### Read & Rhyme Via ZOOM.

Stories & rhymes.
Please email for Zoom invite:
rufia.begum@southampton.gov.uk

#### Stay & Play

Fun play activities in our playrooms & gardens.

#### Soft Play

Soft play equipment for children under 5 years to explore. Helps improve mobility & coordination.

#### Tots & Tunes

Fun with singing, rhymes using actions & musical instruments.

#### Venue Address & Contact Number

Ashby Centre: Stratton Road, Shirley, SO15 5QZ Pickles Coppice: 65 Windermere Ave, SO16 9QX Salvation Army Hall, Victor Street, SO15 5LH Tel: 02380 771655 Sure Start Clovelly: 60-68 Clovelly Road, SO14 0AU Tel: 02380 331635 Sure Start Northam: Kent Street, SO14 55P Tel: 02380 331635 Sure Start Thornhill: Byron Road, SO19 6FH Tel: 02380 915480 Sure Start Swaythling: Honeysuckle Road, SO16 3BZ Tel: 02380 833552 Sure Start Weston: Foxcott Close, SO19 9JQ Tel: 02380 437866

#### Health Visitors/Baby Weighing

To speak to the health visiting team & to book a baby weighing appointment:
Please call: 0300 123 6661

#### Other Groups & Services

#### Book & Toy Libraries

A toy library is available in Sure Start Clovelly For more <u>information</u> please Tel: 02380 331635

A book & toy Library is available in Pickles Coppice For more information please Tel: 02380 540135

## Stepping Stones Support Ashby Centre

Thursday 9.30-11.30

Play workers offer a small <u>6 week</u> group of play, support, and confidence building sessions for families with social anxieties or behaviour issues.

To book: Tel: 02380 540135

#### Home-Start Family Support Group

A weekly family support group for parents & babies (0-12 months) to play, learn, and make friends in & supportive environment with Home-Start staff & volunteers. Via referral only

Email: familysupport@hshants.org.uk
Tel: 0300 124 2095

#### Safeguarding

If you are worried a child may be at risk of abuse, harm, or neglect please call:

Childrens Resource Services Tel: 02380 833004

or in an emergency please dial 999

#### Worried about money?

The cost of living crisis is affecting us all, and many families will further feel the pinch when the kids go back to school this month.

Things like school uniforms, school lunches, school trips and kids' activities all add up, and can put pressure on household budgets that are already stretched, but there are ways to manage your costs at this time of year.

If you have young children (under four years old) and are on certain benefits you may be entitled to <u>claim help to buy healthy food and milk</u>. Older children may be entitled to <u>free school meals</u> and they can also benefit from fun activities and hot lunches during school holidays as part of <u>The Holiday Activity and Food programme</u>. You could send your child to school with a packed lunch containing some treats you've baked, saving money on expensive pre-packaged items. Check if the school or other parents can pass on pre-loved uniform rather than buying new. And discover the range of <u>free activities available in your local library</u> and <u>free events across Southampton</u> to keep the kids entertained.

If you're feeling under financial pressure, there is lots of free support available to help you at this difficult time.

The government's <u>MoneyHelper</u> website has free information and resources to help you manage your money, keep up with essential bills and payments and tackle debt. There are useful guides on <u>living on a squeezed income</u> with lots of tips on <u>how to boost your income</u>, <u>save money on household bills</u> and find out if you're eligible for extra help. Remember it's quick and easy to <u>find out if you're receiving all the benefits you're entitled to</u>. Plus, you can also find out what to do if you're <u>struggling with bills and payments</u>.

Our friendly <u>Welfare Rights & Money Advice Team</u> are also on hand to offer confidential advice and support on all aspects of claiming benefits, tackling debt and managing money. Simply <u>email</u> or call them on 023 8083 2339.

Remember, however worried you are about money, never accept a loan from a loan shark. These illegal money lenders often use violence and intimidation to recover their debt, plus their extortionate interest rates means you'll end up paying back a lot more than you would from a legitimate lender.

With autumn just around the corner, many people are already starting to worry about increasing energy bills. Refer to the <u>Southampton Environment Centre</u> for top tips on how to keep warm and save money and check out next month's Tenants' Link for a special feature on this topic.

#### How to cut your waiting time for a council home

If you are a current tenant and looking to move home, or you're on the housing register, unfortunately you could face a long wait until moving day.

There are over 7,400 people currently on the waiting list, and a shortage of available homes, which means extremely long waiting times for council housing. Depending on your situation, you could be waiting up to 10 years for a large family home and up to four years for a studio, one or two bedroom property.

There is an acute shortage of large, family-sized properties in Southampton, but we currently have vacancies in our supported and housing with care schemes.

There are ways that you can reduce the wait time and get moving a lot sooner, such as:

#### **Downsize**

You may live in a large family home but your family have moved out, so you could downsize to a smaller and more manageable property. Not only will this save you money in rent and utilities (an important factor with spiralling energy prices), but a smaller home will be much easier for you to manage and maintain. If this is something you're considering, please get in touch to find out more or talk to us about any barriers you're facing to downsizing. And remember to check out the article on housing with care in this month's issue.

#### Only bid for homes you will accept

Make sure that when you're bidding on properties on <u>Homebid</u> you only bid for the homes you are genuinely interested in and would accept. Think carefully about each property and the location before placing a bid and check the street view online to make sure you would be happy living in the property and the area.

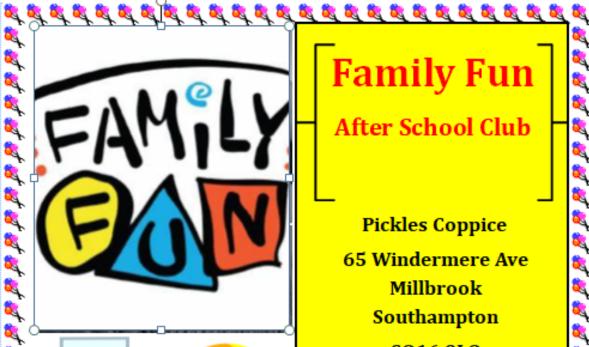
#### Consider a mutual exchange

If you already live in a council home, you can apply to swap homes with another tenant. Register for free on the <u>Homeswapper</u> website to find other social housing tenants also looking to switch homes. You will need to complete an <u>application form</u> and get permission from your Housing Officer before you can make an exchange.

#### Buy your own home with the Shared Ownership scheme

This enables you to buy a share of the new property, meaning you need a smaller deposit and a smaller mortgage.

To find out more about how the housing register works, making an application or to discuss downsizing, please <u>contact our Allocations Team</u>.





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## Family Fun

After School Club

Pickles Coppice 65 Windermere Ave Millbrook Southampton SO16 9LQ

**Every Thursday** during term time 3.30-5pm

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A time for families to enjoy activities together, making memories and having fun!

This group is suitable for reception to year 6 children A healthy snack will be provided

Parents are responsible for their children.

Sure Start Children's Centres

www.facebook.com/SureStart.familyhubsouthampton 



<sup>8</sup>4, <sup>8</sup>4,



If you're aged 6-11 years, come have fun earning stamps by discovering skills within the 4 'C's:

CONFIDENCE CONNECTIONS CREATIVITY COMMUNICATION



TUESDAYS from 4PM - 6PM at HANGER FARM ARTS CENTRE, TOTTON, SO40 8FT





Join us for our non-competitive Saturday drama program for ages 6 - 16 years!



Feel great about life through dynamic drama acitivites led by our DBS-certified coaches.

Feel proud as you take your group project to the stage and perform in a local theatre!

CHILDCARE
VOUCHERS &
GOV. SCHEMES
ACCEPTED!





SATURDAYS at HOUNSDOWN SCHOOL, TOTTON, SO40 9FT

SCAN ME

#### Have your say on making Southampton safer for women and girls

We're joining forces with health providers, local support services, the Probation Service and Hampshire Constabulary to tackle gender-based violence and make Southampton a safer place for women and girls.

We've published a new joint strategy which aims to:

- Provide better education for everyone about how domestic abuse and violence against women and girls happen in everyday life so it can be identified and challenged.
- Ensure specialist support is available to all adults and children and everyone knows where to go to find help and advice in Southampton.
- Change the focus of professionals, and the community, to addressing root causes and improving the behaviour of the person causing harm.
- Improve connections between services to ensure support is available in the right place and at the right time.

The draft strategy can be viewed <u>on our website</u>, where you can submit your feedback between now and **Wednesday 12 October 2022**.

# Southampton City Council is taking part in a government trial of rental e-scooters

In Southampton, Voi rental e-scooters can be used on public roads, including cycle lanes. Riders must have a provisional driving licence and be aged 18 or over. All riders are encouraged to wear a helmet and take part in virtual training before their first ride as well as in-person events held in the city. Privately-owned e-scooters remain illegal to use anywhere except on private land. We want to understand more about your current travel choices and your views on rental e-scooters. The survey should take 10 minutes to complete and is open until 19 September 2022.

Have your say here.





Help keep your Air Ambulance flying and saving lives. Join us for a 5k like no other!

Southampton Common, Saturday 24/09/2022

Walk, jog, run your way to 5k!

## Register at **HIOWAA.ORG**

Adults £20 Children (5-16 years) £16

All participants will receive a glow in the dark medal at the end.





Charity Number: 1106234

You will have seen that, this morning, recognising the financial pressures which families and organisations across the country are under, the government has announced an 'Energy Price Guarantee' which will limit the price suppliers can charge customers for units of gas and electricity. Measures to tackle the root causes of the issues in the UK energy market through increased supply have also been announced.

Typical UK households will pay no more than £2,500 a year on their energy bill for the next two years from Saturday 1 October, saving the average household £1,000 a year based on current energy prices from October. This comes in addition to the announced £400 energy bills discount for all households and together they will bring costs close to where the energy price cap stands today.

There will also be a new six-month scheme for businesses and all non-domestic energy users, including charities and public sector organisations, which will offer equivalent support as is being provided for households. Providers in all DfE sectors will therefore be eligible.

After this initial six-month scheme, the government will provide ongoing, focused support for vulnerable sectors. There will be a review in 3 months' time to consider where this should be targeted to make sure those most in need get support.

Further information is available at <u>GOV.UK</u>. More details of how support will be received will be published shortly.