



Dates for the diary:

February:

10/02/21 – 11:00am – Zoom catch up.

15/02/21 – 11:00am – Zoom mindfulness for children to attend.

17/02/21 – 11:00am – Zoom with SENDIASS – Chloe Nkomo will be joining us to do a presentation on tips for parent EHCP applications.

24/02/21 – 07:30pm – Zoom catch up.

March:

03/03/21 – 7:30pm – Zoom catch up – Victoria Dyke – Managing anxiety strategies.

10/03/21 – 11:00am – Zoom catch up – Helen will be joining us from Steps To Wellbeing to discuss what support they can offer for parent carers.

16/03/21 – 11:00 – Zoom catch up – Linda Simmons from Yarrow Heights (The new independent SEN school in Southampton) will be joining us to discuss what the new school offers.

17/03/21 – 11:00am – Zoom catch up - Autism Hampshire – Jane Morse will be joining us to talk about what their service can offer.

24/03/21 – 11:00am – Zoom catch up.

31/03/21 – 7:30pm – Zoom catch up – Vickey Kowal from Southampton Parent Carer Forum will be joining us to discuss the short breaks service.

All sessions with speakers will have half hour prior to them joining for us to have a general catch up.

Links to all sessions will be on our Facebook page and our website:

Southampton Autism Support Service (Flutterbies)

<https://www.southamptonautismsupportservice.com/>

Otherwise please feel free to call/text on the numbers below or email:

07306411022 or 07305584322

southamptonautismservice@gmail.com

